

Unitarian Universalist Fellowship of San Dieguito

Service at 10:00am

Watch this Sunday's Sermon via Zoom

<https://uufsd.org/zoom>

Meeting ID: 952 2706 0986

Passcode: 618961



March 22, 2026

“Noticing the Extraordinary”

Order of Service: Sunday, March 22, 2026

Prelude	<i>Katie Klaerich</i>
Welcome	<i>Rev. Heather</i>
Gathering Hymn "Enter, Rejoice, and Come In" Enter, rejoice, and come in (2x), Today will be a joyful day. Enter, rejoice, and come in. Open your hearts everyone... Don't be afraid of some change...	<i>Steve Milloy</i>
Land Acknowledgement	<i>Mary Anne Trause</i>
Visitor's Introductions	
Greeting Your Neighbor	
Community Announcements	
Welcoming Hymn: #40 The Morning Hangs a Signal <i>(please stand in body or spirit)</i>	<i>Steve Milloy</i>
Call to Worship	<i>Rev. Heather</i>
Chalice Lighting	
Special Music "The Times, They are A-Changing" by Bob Dylan, arr. by Adam Podd. Soloist: Alisa Guralnick	<i>UUFSD Choir</i>
Time for All Ages	<i>Greg Spetzger</i>
Children's Recessional Hymn #414 <i>(sing 2x as children leave service)</i> "As we leave this friendly place, love gives light to every face; May the kindness which we learn, light our hearts till we return."	

Centering Hymn #370

Steve Milloy

“From All That Dwell Beneath the Skies”

(please stand in body or spirit)

From all that dwell beneath the skies

Let songs of hope and faith arise;

Let peace, good will on earth be sung

Through every land, by every tongue.

Covenant

Mary Anne Trause

May love be the spirit of this congregation,

May the quest for truth be its sacrament

And service be its prayer.

To dwell together in peace,

To seek knowledge in freedom,

And to help one another in fellowship.

This is our covenant.

Joys and Sorrows

Rev. Heather

Pastoral Prayer

Offering

Mary Anne Trause

Meditation *(sung 2x - remain seated)*

When I breathe in, I breathe in peace.

When I breathe out, I breathe out love.

Sermon “Noticing the Extraordinary”

Rev. Heather

Closing Hymn #298 Wake, Now, My Senses

Steve Milloy

(please stand in body or spirit)

Extinguishing the Chalice

Mary Anne Trause

"We extinguish this flame, but not the light of truth,

the warmth of community, or the fire of commitment.

These we carry in our hearts until we are together again."

Benediction

Rev. Heather

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Welcome visitors! We are delighted to see you. Immediately following the service, we invite everyone to join on the patio to enjoy refreshments and conversation, meet new friends, and gather in fellowship. Please feel free to take some flowers, they are for all to enjoy!

Give Online



UUFSD is a welcoming congregation.



Today's Service	<p>Speaker <i>Rev. Heather</i> Worship Associate <i>Mary Anne Trause</i> Song Leader <i>Steve Milloy</i> Usher <i>Angie Knappenberger + Mike Cosgrove</i> Pianist <i>Katie Klaerich</i></p>
UUFSD Staff	<p>Minister <i>Rev. Heather Megill</i> Dir. of Rel. Exploration <i>Emily Host</i> Administrator <i>Ashley Morn</i> Music Director <i>Steve Milloy</i> Pianist <i>Katie Klaerich</i> Audio Visual Technician <i>Joe Cantrell</i> Set Up Coordinators <i>Byrht Renfrow / Guthry Hahm</i> RE Support Staff <i>Charlotte Rosen</i></p>

Announcements for Sunday, March 22nd, 2026

Overflow Parking for Sunday Service

Please know overflow parking for Sunday service is available at LePort School parking lot. The gate code is 235.

GOOD NEWS FROM THE "HELPING OUR NEIGHBOR" SOCIAL JUSTICE ACTION GROUP

We have good news for all our members and friends who travel. We are re-starting our collection of travel toiletries that many of us accumulate from hotels, motels and ships. And, we also have good news for everyone who visits their dentist a few times a year and come away with baggies of toothbrushes, toothpaste and floss. Bring them to the fellowship on Sundays and look for our toiletries basket, on one of the Social Justice tables.

Changes in UUFSD Board Schedule

Please note the following schedule for UUFSD Board meetings: Regular board meeting for April moved to April 19, 2026, at 11:30 am because of conflict with DeBenneville weekend. Special board meeting to consider the 2026/27 budget Monday, April 20, 2026 at 6 pm on Zoom. Regular board meeting for May moved to May 17, 2026 at 11:30 am to avoid conflict with Mother's Day. Board meetings are open to all members.

Are you a friendly driver?

The Compassionate Care team is seeking individuals willing to offer rides to some of our older members for medical appointments or to join us for Sunday services (depending on location convenience.) If you would consider helping out another member in this way, please let us know. You could occasionally drive someone to a doctor's appointment or commit to bring a member to a Sunday service once a month. Carpooling is not only good for our planet, but it fosters community connection and offers the ability for some of our older members to be a part of our community even after they no longer drive. Please consider sharing your time in this way. Email compassionatecare@uufsd.org for more info. Thank you!

Waking the Body

March 27th; 9am-2pm; Palmer Library

The Wakeful Body by Willa Blythe Baker has been inspiring our Friday meditation group. We have decided to spend from 9:00am-2:00pm on March 27th practicing some of the many experiential exercises which she offers in her book. Our regular meditation group will meet as part of this day. No previous experience is necessary to participate. A suggested donation of \$25 will be used for future programs. To register email: christieturner@gmail.com.

"Northies" Potluck

March 28th; 4-7pm; Off-Campus

Following the success of the "Southies" potluck group, the "Northies" are starting up! This is a chance for those who live north of the Fellowship to gather for an informal potluck once a month at a different member's house. The first Northies potluck will take place at our very own Rev. Heather's house in Oceanside. Please RSVP to Rev. Heather if you'd like to attend (heather@uufsd.org). Attendance may be limited. If you can't attend, but would like to be added to the Northies email list for future potluck opportunities, please email our Administrator, Ashley (office@uufsd.org). May the Northies potlucks begin!

Family Picnic

March 29th; 11:30am-12:30pm; Playground

Inviting all parents and children to join together for a family picnic! Join us after service on Sunday, March 29 on the playground. Children can play, parents can connect, and we can all enjoy some refreshments. The RE Committee will provide fruit and muffins. You are welcome to bring something to share or just come and enjoy!

2nd Monday Book Club 13th April at 6:30pm

April 13th; 6:30-8:15pm; Palmer Library

For our April meeting, the 2nd Monday Book Club will discuss the 2023 novel and winner of the Booker Prize, *Orbital* by Samantha Harvey. A space station orbits the Earth 16 times per day. Aboard, 6 astronauts experience the wonder and beauty of a world up close in the window, but whose inhabitants and troubles are not in view. What do they do in a day? What does their view of our "big blue ball" of a planet inspire? All are welcome! If you have any questions, email bookclub@uufsd.org or call/text Cathy Leach-Phillips at 650 224-1974.

Poetry Workshop

April 18th; 11am-1pm; FH West

Join Encinitas poet Dr. Marit Anderson for a two-hour workshop on writing poetry. Whether you're a novice or experienced poet, try your hand at Ekphrastic and Acrostic poems. Easier than they sound, they include using art as a prompt to look deeper and write; or a word written vertically down the page to begin the lines of your poem. This is a workshop to get your writing mojo flowing. No critique. Just fun creating! Marit has led *Awaken the Poet Within* for years at the Encinitas Library. She's also the emcee for the Full Moon Poetry Slams and the Oceans of Poetry readings. This is an auction item that will be held Saturday, April 18 from 11 to 1 in FH. There's room for you even if you didn't already buy it. Donation to UUFSD auction: \$25 for the chance to write, enjoy the company of others in the flow, and share a yummy snack. Questions? Call Mary Anne Trause 360-870-3740.

BOARD MEETING

April 19th; 11:30-1pm; Palmer Library

The Board Meeting will be held in the Admin Building Conference Room on **April 19 beginning at 11:30 AM**. You are welcome to join us. If you would like to view the meeting, but are unable to be physically present, you can listen via Zoom. Everyone is welcome.

Camp de Benneville Pines Family Weekend

UUFSD Camp de Benneville Pines Weekend April 10 -12, 2026

Registration is now open online and forms available in the office. Explore the magic of the mountains with family and friends. Nourishment for the mind and body. Enjoy crafts, dancing, yoga, games, workshops and more. Gather around the fire at Homet Lodge for a sing along Walk to Jenks Lake or hike up the mountain. Activities for all ages, Adults, Teens, Youth. A warm cup of coffee, tea or hot chocolate while enjoying nature. Cozy heated cabins with hot showers. Delicious food prepared by camp staff. Online Registration and Payment at: <https://uufsd.org/connection/community-life/cdpwreg/>. Or contact with questions and registration details: Chris Faller: cfaller5@gmail.com mobile: 858.344.0227. Emily Host: explore@uufsd.org.

Unitarian Universalist congregations affirm and promote eight Principles, which we hold as strong values and moral guides.

- 1) The inherent worth and dignity of every person;
- 2) Justice, equity and compassion in human relations;
- 3) Acceptance of one another and encouragement to spiritual growth in our congregations;
- 4) A free and responsible search for truth and meaning;
- 5) The right of conscience and the use of the democratic process within our congregations and in society at large;
- 6) The goal of world community with peace, liberty, and justice for all;
- 7) Respect for the interdependent web of all existence of which we are a part;
- 8) Journeying toward spiritual wholeness by working to build a diverse and multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.



Contact Us:

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