

Unitarian Universalist Fellowship of San Dieguito

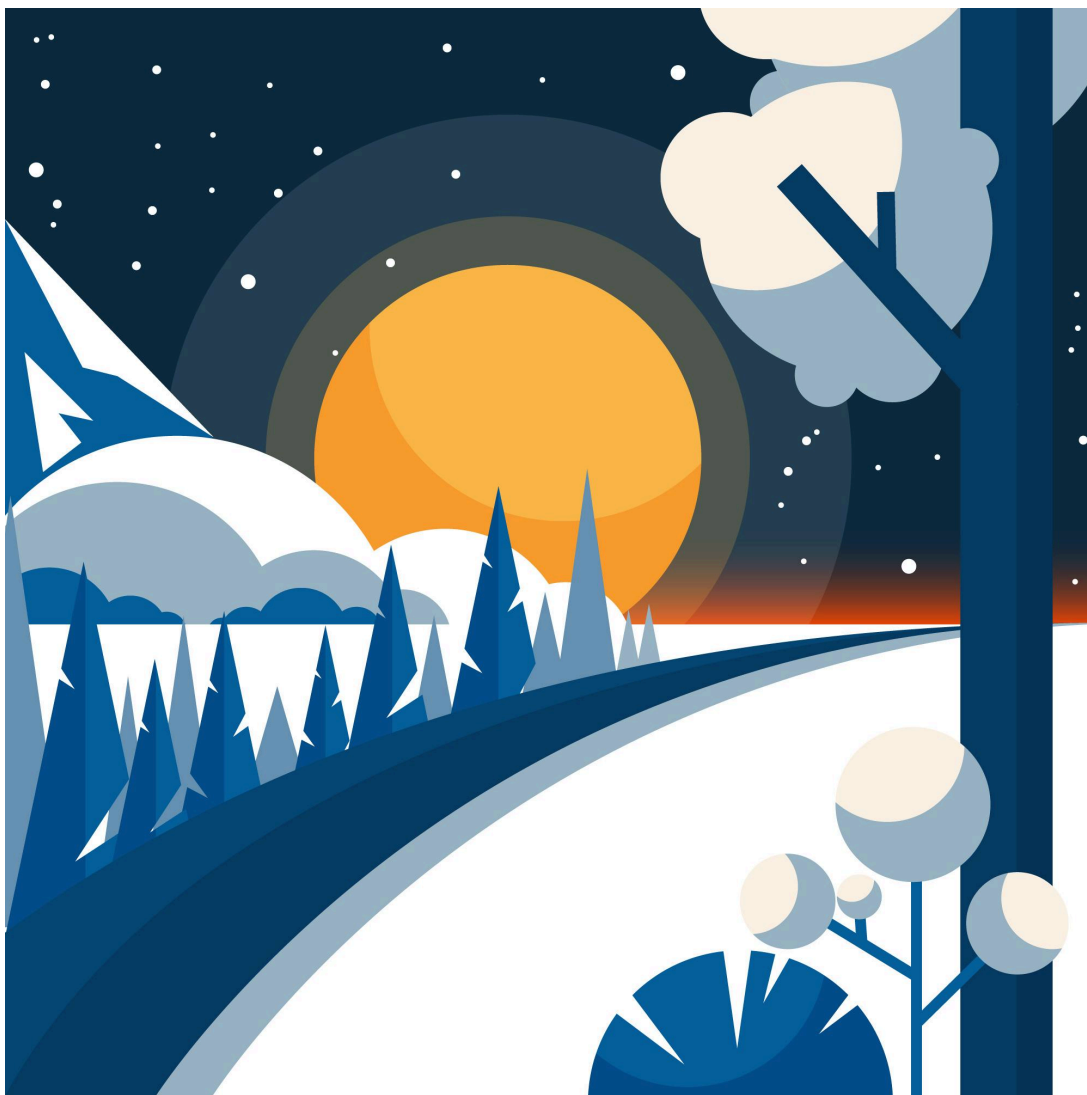
Service at 10:00am

Watch this Sunday's Sermon via Zoom

<https://uufsd.org/zoom>

Meeting ID: 952 2706 0986

Passcode: 618961



December 21, 2025

"Winter Solstice"

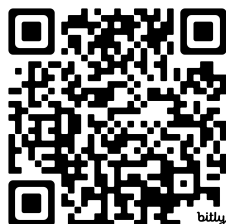
Order of Service: Sunday, December 21, 2025

Prelude	<i>Katie Klaerich</i>
Gathering Hymn "Enter, Rejoice, and Come In" Enter, rejoice, and come in (2x), Today will be a joyful day. Enter, rejoice, and come in. Open your ears to the song... Open your hearts everyone... Don't be afraid of some change... Enter, rejoice, and come in...	<i>Jan Berlin</i>
Welcome and Greet Your Neighbors	<i>Chris Byrnes</i>
Community Announcements	
Welcoming Hymn #1063 Winter Solstice Chant <i>(please stand in body or spirit)</i>	<i>Jan Berlin</i>
Call to Worship	<i>Rev. Heather</i>
Land Acknowledgement	<i>Chris Byrnes</i>
Chalice Lighting	<i>Rev. Heather</i>
Time for All Ages	<i>Emily Host</i>
Children's Recessional Hymn #414 <i>(sing 2x as children leave service)</i> "As we leave this friendly place, love gives light to every face; May the kindness which we learn, light our hearts till we return."	
Centering Hymn <i>(please stand in body or spirit)</i> <i>(sung to tune #370)</i> From all that dwell beneath the skies Let songs of hope and faith arise; Let peace, good will on earth be sung Through every land, by every tongue.	<i>Jan Berlin</i>

Covenant	<i>Chris Byrnes</i>
<p>May love be the spirit of this congregation, May the quest for truth be its sacrament And service be its prayer. To dwell together in peace, To seek knowledge in freedom, And to help one another in fellowship. This is our covenant.</p>	
Joys and Sorrows	<i>Chris Byrnes</i>
Pastoral Prayer	<i>Rev. Heather</i>
Offering	<i>Chris Byrnes</i>
Guided Meditation: Cultivating Positivity and Hope	<i>Chris Byrnes</i>
Sermon	<i>Rev. Heather</i>
"Winter Solstice"	
Closing Hymn #1055 How Sweet the Darkness <i>(please rise in body or spirit)</i>	<i>Jan Berlin</i>
Extinguishing the Chalice	<i>Chris Byrnes</i>
"We extinguish this flame, but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again."	
Benediction	<i>Rev. Heather</i>
Postlude	<i>Katie Klaerich</i>

Welcome visitors! We are delighted to see you. Immediately following the service, we invite everyone to join on the patio to enjoy refreshments and conversation, meet new friends, and gather in fellowship.

Give Online



UUFSO is a welcoming congregation.



<p>Today's Service</p>	<p>Speaker <i>Rev. Heather</i> Worship Associate <i>Chris Byrnes</i> Song Leader <i>Jan Berlin</i> Usher <i>Eileen Freedland + John Sutherland</i> Pianist <i>Katie Klaerich</i></p>
<p>UUFSO Staff</p>	<p>Minister <i>Rev. Heather Megill</i> Dir. of Rel. Exploration <i>Emily Host</i> Administrator <i>Ashley Morn</i> Music Director <i>Steve Milloy</i> Pianist <i>Katie Klaerich</i> Audio Visual Technician <i>Joe Cantrell</i> Set Up Coordinators <i>Byrht Renfrow / Guthry Hahm</i> RE Support Staff <i>Charlotte Rosen</i></p>

Announcements for Sunday, December 21, 2025

Join Holiday/Christmas Carol Sing

December 21st; 11:30am-1:00pm; Founders Hall

Sing out the joy of the season with the carols that you love from Christmases past. Lynne Talley will play the piano and songbooks will be available. Enjoy holiday refreshments between songs. No need to sign up ahead of time. Just show up and sing.

We Give Thanks

UUFSD is fortunate to have ten hard-working staff, some working behind the scenes, and some visible on Sundays. We work to ensure we are compensating staff fairly and as generously as our budget allows. In addition, we want to provide an opportunity to express gratitude at this giving time of year. In place of our former practice of soliciting anonymous contributions, we want to give you the opportunity to personally write a note of thanks to our staff, and if inclined, you may also express your appreciation with a monetary end of year gift. On 12/21 stockings will be available outside of Founder's Hall. Contributing is entirely voluntary. Details in the newsletter. If you have any questions, please contact Lisa Shaffer or Linda Pratt.

Christmas Eve Service

December 24th; 4:00-5:30pm; Founders Hall

Our Christmas Eve service this year will be filled with joy and celebration. Come experience the abundant love of our community as we connect through readings and song. This multigenerational service will include carol singing (all your favorites!), two musical solos, readings that echo warmth and goodwill, a Time for All Ages story, and a candlelit "Silent Night." All family and friends are welcome. You are encouraged to bring a plate of Holiday cookies to share after the service. Hot cocoa and cider will be provided. Come experience Christmas cheer on this special day!

Administrative Holiday Hours Update

The office will be open from 9 AM - 2 PM on December 22-23, closed December 24-25, open 9 AM - 2 PM on December 29-30, and closed December 31-January 1. Normal hours return on Jan 5 (Mon-Thurs, 9am-2pm).

Parking Lot Update

The main entry to the lower parking lot will be closed to all vehicular traffic starting **Monday December 29 through end of day Saturday January 3.**

Save the Date!

January 11th; 9:15-9:55am; Core Area

Join us in the Core Area for coffee and bagels before the service on January 11, 2026, to learn more about UUFSD participation in the Interfaith Overnight Shelter Network. Whether you've volunteered there for years or never have, come to share your experiences and questions and think about how we'd like to create a welcoming space this year. This will be the fortieth season the Interfaith Shelter Network has provided approximately 12 weeks of shelter for individuals and families experiencing homelessness by having religious institutions provide a rotation of two-week stays in their facilities each winter.

UUFSD joins with St. James Catholic Church in Solana Beach each year by providing volunteers the second week for the approximately 12 guests that reside at St. James. We'll provide food, overnight and weekend hosts from Sunday January 26 until Sunday February 1, 2026. Last year UUFSD was given the Spirit of Service Award for our attention to the needs of our guests. Let's gather on January 11 to think about how we want to do that again. Questions? Contact Mary Anne Trause or Barbara Walker.

BOARD MEETING JANUARY

The Board Meeting will be held in Founder's Hall West on **January 11 beginning at 11:30 AM**. You are welcome to join us. If you would like to view the meeting, but are unable to be physically present, you can listen via Zoom. Everyone is welcome.

TIAS Donations

TIAS is flush with sugar for families receiving food boxes, thanks to you! We received 15 boxes or bags just last Sunday alone. In addition to others donated earlier in the month! UUFSD agreed to supply enough sugar for monthly distribution. We need about 21 boxes or bags per month (each 2 to 5 pounds). The next date when they'll be distributed is approximately January 21, 2026. Please bring your donations to the fellowship on **Sunday, January 11 or January 18**. Mark your calendars. You are part of a vital web supporting our vulnerable neighbors. If we have too much, we give it to other groups in need.

2nd Monday Book Club meets January 12th

January 12th; 6:30-8:15am; Founders Hall West

We will be discussing another modern novel during the 2nd Monday Book Club here at UUFSD on January 12th, 2026 at 6:30pm. *Vera, or Faith* by Gary Shteyngart (2025). In a near-future America, Vera Bradford-Shmulkin, an overanxious, over-watchful, and academically high achieving 10-year-old shows us her view of complicated adult affairs in a post-democracy world. Questions can be sent to bookclub@uufsd.org, or you can call or text Cathy Leach-Phillips at 650 224-1974.

Sacred Writing Workshop: Spiritual Autobiographies

January 14th; 6:30-8pm; Zoom

Please join Rev. Heather for a Sacred Writing Workshop to explore your individual Spiritual Autobiography. This workshop is open to all, not only seasoned writers. Topics explored include past religious affiliations, spiritual leanings, belief systems, and familial spiritual ancestry. Attendees will engage in writing prompts, sharing, and reflection. All are welcome regardless of writing experience or spiritual path. We will meet for six sessions, every Wednesday evening on ZOOM (6:30-8pm) from January 14 thru February 18. Please email Rev. Heather (heather@uufsd.org) to express your interest and get the Zoom link.

Potluck: Plant-Based Planet-Friendly

January 18th; 11am-12pm; Founders Hall/Core Area

Let's ALL participate to help our planet. Invite family/friends to participate! Please all bring a healthy plant-based dish to share. If you don't cook: salads & fruit plates are welcome! Plant-Based Vegan: no animal products. Vegetarian: includes dairy/eggs. Place dairy/egg/cheese on the side. Label your dish: spicy/nuts/gluten free; Tag w/ recipe/ingredients (for allergies). What UUA has to say: <https://www.uua.org/environment/eating>. Inspired by UUFSD's Climate Group. TO HELP US SET UP: Check in the kitchen before service (or clean up after).

Camping Club - Desert - Agua Caliente Feb 27 to March 1st, 2026

Desert Camping at Agua Caliente Park located west of Anza Borrego Desert State Park. Arriving Friday February 27 and leaving Sunday March 1st. Two nights to relax, hike, and star gazing. The park has three natural mineral pools to enjoy. Hikers can explore miles of trails that wind through the park's canyons and up its hillsides. If you are interested and have not received an email from Patricia, please send a note to OutdoorAdventures@UUFSD.org.

Unitarian Universalist congregations affirm and promote eight Principles, which we hold as strong values and moral guides.

- 1) The inherent worth and dignity of every person;
- 2) Justice, equity and compassion in human relations;
- 3) Acceptance of one another and encouragement to spiritual growth in our congregations;
- 4) A free and responsible search for truth and meaning;
- 5) The right of conscience and the use of the democratic process within our congregations and in society at large;
- 6) The goal of world community with peace, liberty, and justice for all;
- 7) Respect for the interdependent web of all existence of which we are a part;
- 8) Journeying toward spiritual wholeness by working to build a diverse and multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.



Contact Us:

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