

# Unitarian Universalist Fellowship of San Dieguito

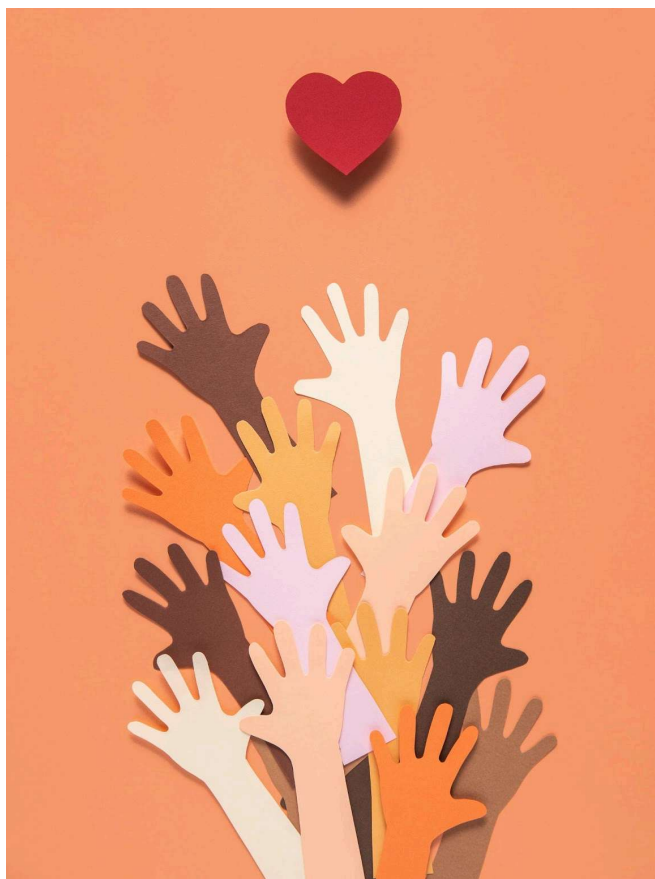
Service at 10:00am

Watch this Sunday's Sermon via Zoom

<https://uufsd.org/zoom>

Meeting ID: 952 2706 0986

Passcode: 618961



November 9, 2025

"Helping Our Neighbors in Troubled Times"

Order of Service: Sunday, November 9, 2025

Prelude

*Katie Klaerich*

Gathering Hymn "Enter, Rejoice, and Come In"

*Alisa Guralnick*

Enter, rejoice, and come in, (2x)

Today will be a joyful day.

Enter, rejoice, and come in.

Open your ears to the song...

Open your hearts everyone...

Don't be afraid of some change...

Enter, rejoice, and come in...

Welcome and Greet Your Neighbors

*Mary Anne Trause*

Somos Tias Mission Statement - Robin Sales

Community Announcements

Welcoming Hymn #1015 "I Know I Can"

*Alisa Guralnick*

Call to Worship

*Mary Anne Trause*

Land Acknowledgement

Chalice Lighting

Time for All Ages

*Emily Host*

*Our World is a Family* by Miry Whitehall and Jennifer Jackson

Children's Recessional Hymn #414

*(sing 2x as children leave service)*

"As we leave this friendly place, love gives light to every face;

May the kindness which we learn, light our hearts till we return."

Story

*Kathy Stanger*

Special Music

*Peggy Watson and David Beldock*

*"They Are Not Criminals"*

Centering Hymn

*Alisa Guralnick*

#123 "Spirit of Life" / #31 "Fuente de Amor"

*Words and Music by Carolyn McDade, Spanish lyrics by Ervin Barrios*

Spirit of Life, come unto me;  
Sing in my heart all the stirrings of compassion.  
Blow in the wind, rise in the sea;  
Move in the hand, giving life the shape of justice.  
Roots hold me close; wings set me free;  
Spirit of Life, come to me, come to me.

Fuente de Amor, ven hacia mí.  
Y al corazón, cántale tu compasión.  
Sopla al volar, sube en el mar,  
Hasta moldear la justicia de la vida.  
Arráigame, libérame,  
Fuente de Amor, ven a mí, ven a mí.

Covenant

May love be the spirit of this congregation,  
May the quest for truth be its sacrament  
And service be its prayer.  
To dwell together in peace,  
To seek knowledge in freedom,  
And to help one another in fellowship.  
This is our covenant.

Joys and Sorrows

*Mary Anne Trause*

Compassionate Care Circle & Pastoral Prayer

*Donna Gerhauser*

Special Music

*Peggy Watson and David Beldock*

*"Gracias a la vida" by Violetta Parra*

Offering

*Mary Anne Trause*

Meditation (*sung 2x*)

*Mary Anne Trause*

*When I breathe in, I breathe in peace.*

*When I breathe out, I breathe out love.*

Sermon "Helping Our Neighbors in Troubled Times"

*Somos Tias*

Stories from Lisa Montes, Ana Escamilla Lang,

Laura Kirwan, and Sydney Manger

Closing Hymn #1028 "Fire of Commitment"

*Alisa Guralnick*

Extinguishing the Chalice

*Mary Anne Trause*

"We extinguish this flame, but not the light of truth,

the warmth of community, or the fire of commitment.

These we carry in our hearts until we are together again."

Closing Words

*Donna Gerhauser*

Postlude

*Katie Klaerich*

\* \* \* \* \*

*Welcome visitors! We are delighted you are here. Immediately following the service, we invite everyone to join on the central patio to enjoy refreshments and conversation, meet new friends, and gather in fellowship.*

Give Online



UUFSD is a welcoming congregation.



Today's  
Service

Speakers *Somos TIAS Members*  
Worship Associate *Mary Anne Trause*  
Song Leader *Alisa Guralnick*  
Usher *Michael Cosgrove*  
Pianist *Katie Klaerich*  
Guest Musicians *Peggy Watson and David Beldock*

UUFSD  
Staff

Minister *Rev. Heather Megill*  
Dir. of Rel. Exploration *Emily Host*  
Administrator *Ashley Morn*  
Music Director *Steve Milloy*  
Pianist *Katie Klaerich*  
Audio Visual Technician *Joe Cantrell*  
Set Up Coordinators *Byrht Renfrow / Guthry Hahm*  
RE Support Staff *Charlotte Rosen*

**Announcements for Sunday, November 9, 2025**

2nd Monday BOOK CLUB November 10th 6:30pm

*Monday, November 10; 6:30-8:15pm; Founders Hall (West)*

On Monday, November 10th, UUFSD's 2nd Monday Book Club will be discussing the memoir *Born on a Blue Day: Inside the Extraordinary Mind of an Autistic Savant* (2007) by Daniel Tammet. One of the world's 50 living autistic savants is the first to tell his compelling and inspiring life story and explain how his incredible mind works. With heart-melting simplicity and astonishing self-awareness, *Born on a Blue Day* tells Daniel's story: from his childhood frustrations to adult triumphs. We will be meeting at 6:30pm in

Founders Hall West. If you have questions, email [bookclub@uufsd.org](mailto:bookclub@uufsd.org) or call/text 650 224-1974 to reach Cathy Leach-Phillips.

### Lap Blankets for Seniors

Last year UUFSD supported the Community Resource Center's Holiday Basket Program by providing lap blankets for seniors. Norma Showalter was the liaison with the CRC for this project. In Norma's honor and memory, let's continue her work. There will be a table in the core area on Sundays for collecting the blankets or donating money to purchase them starting this Sunday, 11/7, and ending 11/30. Let's do it!

### THANKSGIVING DAY DINNER

*Thursday, November 27; 1-4pm; Founders Hall*

Thanksgiving is more than just a holiday; it is a cherished tradition rooted in gratitude, reflection, and community. As families gather, the true meaning of Thanksgiving extends beyond feasts and festivities. It is a day to pause, appreciate life's blessings, and connect with loved ones. Americans generally believe their Thanksgiving is modeled on the 1621 harvest feast shared by English colonists and the Wampanoag people. We are celebrating Thanksgiving at 1:00. UUFSD will celebrate Thanksgiving Dinner, again this year, with lots of good food. Turkeys provided, so please bring your favorite dish, Vegan, Vegetarian, vegetable, dessert and drink to share with family and friends. If you forget to sign up. No problem, we always have room.

### Palestine-Israel Justice Group "FACTS" article

The Palestine-Israel Justice Group (PIJG) has a weekly "FACTS" article in the Social Justice Action section of the UUFSD newsletter. The PIJG hopes that this information assists members to support our motion to become an Apartheid Free Congregation at the January 2026 Congregational meeting.

### A CHANCE TO MATTER

Are you a new attender who would like to find out more about what's going on at the Fellowship? Or a member who'd enjoy helping a new attender find a sense of belonging here? Membership committee's new pilot program, Community Connections, matches members and attenders in the same zip code to text, phone and even meet to connect. Interested members and new attenders can email [membershipchair@uufsd.org](mailto:membershipchair@uufsd.org) (or find Andi at the social hour) to be matched. You can be that friend in the crowd here that helps a new attender feel at home.



Unitarian Universalist congregations affirm and promote eight Principles, which we hold as strong values and moral guides.

- 1) The inherent worth and dignity of every person;
- 2) Justice, equity and compassion in human relations;
- 3) Acceptance of one another and encouragement to spiritual growth in our congregations;
- 4) A free and responsible search for truth and meaning;
- 5) The right of conscience and the use of the democratic process within our congregations and in society at large;
- 6) The goal of world community with peace, liberty, and justice for all;
- 7) Respect for the interdependent web of all existence of which we are a part;
- 8) Journeying toward spiritual wholeness by working to build a diverse and multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.



Contact Us:

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