

Unitarian Universalist Fellowship of San Dieguito

Service at 10:00am

Watch this Sunday's Sermon via Zoom

<https://uufsd.org/zoom>

Meeting ID: 952 2706 0986

Passcode: 618961



October 19, 2025

"Lives, Subject to Debate"

Rev. Everett Howe

Order of Service: Sunday, October 19, 2025

Prelude

Katie Klaerich

Gathering Hymn "Enter, Rejoice, and Come In"

Enter, rejoice, and come in,

Enter, rejoice, and come in,

Today will be a joyful day.

Enter, rejoice, and come in.

Open your ears to the song...

Open your hearts everyone...

Don't be afraid of some change...

Enter, rejoice, and come in...

Welcome and Greet Your Neighbors

Alisa Guralnick

Community Announcements

Welcoming Hymn #15 "The Lone, Wild Bird"

Call to Worship

Rev. Everett Howe

Land Acknowledgement

Alisa Guralnick

Chalice Lighting

Rev. Everett Howe

Time for All Ages

Charlotte Rosen

Children's Recessional Hymn #414

(sing 2x as children leave service)

"As we leave this friendly place, love gives light to every face;

May the kindness which we learn, light our hearts till we return."

Centering Hymn

#123 "Spirit of Life" / #31 "Fuente de Amor"

Words and Music by Carolyn McDade, Spanish lyrics by Ervin Barrios

Spirit of Life, come unto me;
Sing in my heart all the stirrings of compassion.
Blow in the wind, rise in the sea;
Move in the hand, giving life the shape of justice.
Roots hold me close; wings set me free;
Spirit of Life, come to me, come to me.

Fuente de Amor, ven hacia mí.
Y al corazón, cántale tu compasión.
Sopla al volar, sube en el mar,
Hasta moldear la justicia de la vida.
Arráigame, libérame,
Fuente de Amor, ven a mí, ven a mí.

Covenant

Alisa Guralnick

May love be the spirit of this congregation,
May the quest for truth be its sacrament
And service be its prayer.
To dwell together in peace,
To seek knowledge in freedom,
And to help one another in fellowship. This is our covenant.

Congregational Sharing

Alisa Guralnick

Pastoral Prayer

Rev. Everett Howe

Offering

Alisa Guralnick

Meditation (*sung 2x*)

When I breathe in, I breathe in peace.
When I breathe out, I breathe out love.

Sermon "Lives, Subject to Debate"

Rev. Everett Howe

Closing Hymn #34 "Though I May Speak With Bravest Fire"

Extinguishing the Chalice

Alisa Guralnick

"We extinguish this flame, but not the light of truth,
the warmth of community, or the fire of commitment.
These we carry in our hearts until we are together again."

Benediction / Closing Words

Rev. Everett Howe

Postlude

Katie Klaerich

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Welcome visitors! We are delighted you are here. Immediately following the service, we invite everyone to join on the central patio to enjoy refreshments and conversation, meet new friends, and gather in fellowship.

Give Online



UUFSD is a welcoming congregation.



Today's
Service

Speaker *Rev. Everett Howe*
Worship Associate *Alisa Guralnick*
Song Leader *Alisa Guralnick*
Ushers *Norma Showalter*
Mike Cosgrove
Pianist *Katie Klaerich*

UUFSD
Staff

Minister *Rev. Heather Megill*
Dir. of Rel. Exploration *Emily Host*
Administrator *Ashley Morn*
Music Director *Steve Milloy*
Pianist *Katie Klaerich*
Audio Visual Technician *Joe Cantrell*
Set Up Coordinators *Byrht Renfrow / Guthry Hahm*
RE Support Staff *Charlotte Rosen*

Announcements for Sunday, October 19, 2025

Potluck: Plant-Based Planet-Friendly *TODAY; 11:00am; Core Area*

Let's ALL participate to help our planet. Invite family/friends to participate! Bring a healthy plant-based dish to share. Plant-Based Vegan: no animal products. Vegetarian: includes dairy/eggs. (Place dairy/egg/cheese on the side.) Label your dish: spicy/nuts/gluten free; Tag with recipe/ingredients (for those w/ allergies.) If you don't cook: salads & fruit plates are welcome! What UUA has to say: <https://www.uua.org/environment/eating>. Hosted by UUFSD's Climate Group. TO HELP: Check in the kitchen before service.

EXTRA EXTRA! NEW TO UU CLASS OCTOBER 19 *TODAY, 11:30am-12:30pm; Founders Hall West*

Are you new to UUFSD? Want to find out more about us? You are welcome to attend our "New to UU" class. RSVP to membershipchair@uufsd.org. If you forget, come anyway. Childcare is available by request. Bring your lunch from the potluck that day to enjoy an hour-long program. You'll be able to meet other new attendees, share what brought you to UUFSD, hear some of our Fellowship's history, and discover the many ways to participate in our community.

Southies at UUFSD

The idea of a Southies group came out of a number of conversations over a number of months among a number of people, all with home addresses in the City of San Diego. There was a sense that we didn't know who else lived in this area, and wouldn't it be wonderful to know who we are? We wanted to create a focus for community that would be more accessible to those of us who live south of the Fellowship, so southies@uufsd.org was born. The creation of this neighborhood community has provided the means to regularly break bread together, to go to activities together, and at some point it will support community care for each other. The Southies group started with people who live in San Diego, but if you want to be in on the fun, contact either Office@uufsd.org or SarahUUFSD@gmail.com and we'll get you on the Southies@uufsd.org mailing list.

CLOTHING REVIVAL: SLOW FASHION WORKSHOP

Sunday, November 16; 11:30 am; Founders Hall West

Do you have a favorite garment that needs a little love? Maybe there's a hole or a stain that keeps you from wearing it? Learn how to handle stains, holes, or rips creatively with acrylic fabric paints and/or visible mending. Some materials will be supplied, but feel free to bring your own acrylic paints, brushes, fabric scraps, embroidery supplies, and a bag lunch.

Let's innovate "slow fashion" to replace "fast fashion" waste, pollution, and child labor. Reserve a space: BitOFun@uufsd.org Donation \$20.00 auction item #151

UU Brewhouse - New Time!!

Friday, October 24; 5:30-7:30pm; Founders Hall West

The UU Brewhouse is back this month... at a new time! No one likes to drive in the dark, so we're starting the Brewhouse at 5:30pm for our fall/winter months. Come join us for warm soups and beverages, good conversation, touching stories, silly jokes, and lovely musical offerings. This month our theme is Halloween, so keep that in mind as you prepare to share at our open mic. Want to sign up to bring something? Food is a great way to care for our community! Sign up now (link in the Newsletter.)

Palestine-Israel Justice Group "FACTS" article

The Palestine-Israel Justice Group (PIJG) has a weekly "FACTS" article in the Social Justice Action section of the UUFSD newsletter. The PIJG hopes that this information assists members to support our motion to become an Apartheid Free Congregation at the January 2026 Congregational meeting.

Casas de Luz Fundraiser Update

Right now our Home Build Fundraiser stands at \$3,512.26 due to your generosity, so we are over halfway toward our goal of \$6,500! Have you contributed? We're still collecting and are encouraging continued donations to Casas de Luz via Breeze. All donations received now through October 18th will go toward the UUFSD Home Build project. Questions? Please email explore@uufsd.org.

Help Get Out the Vote

Early voting for the Virginia General Election started earlier this month. This is the first major referendum on democracy in 2025, and we are working tirelessly to mobilize Black voters. Virginians will be electing a new governor, lieutenant governor, attorney general, and state delegates, leaders who will decide the state's future and set the stage for 2026. Please sign up to help with phone banking (with Center for Common Ground in partnership with UUA). See Ted in the Core Area after service. Phone banking will take place from 10/5/2025 to 10/26/25.

A CHANCE TO MATTER

Are you a new attender who would like to find out more about what's going on at the Fellowship? Or a member who'd enjoy helping a new attender find a sense of belonging here? Membership committee's new pilot program, Community Connections, matches members and attenders in the same zip code to text, phone and even meet to connect. Interested members and new attenders can email membershipchair@uufsd.org (or find Andi at the social hour) to be matched. You can be that friend in the crowd here that helps a new attender feel at home.

October Issue of the Quarterly Magazine Dialogue

The October issue of our quarterly magazine "DIALOGUE" is available online at <https://uufsd.org/news/publications/quarterly-magazine/>. This issue features an introduction to our new minister, Rev. Heather Megill, and a comprehensive status report from the President of our Board of Directors', our Social Justice actions, and an insight into the volunteer work performed at Camp deBenneville Pines, and other events that took place at the fellowship in the last quarter. Enjoy, Irv Himelblau, editor.

Unitarian Universalist congregations affirm and promote eight Principles, which we hold as strong values and moral guides.

- 1) The inherent worth and dignity of every person;
- 2) Justice, equity and compassion in human relations;
- 3) Acceptance of one another and encouragement to spiritual growth in our congregations;
- 4) A free and responsible search for truth and meaning;
- 5) The right of conscience and the use of the democratic process within our congregations and in society at large;
- 6) The goal of world community with peace, liberty, and justice for all;
- 7) Respect for the interdependent web of all existence of which we are a part;
- 8) Journeying toward spiritual wholeness by working to build a diverse and multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.



Contact Us:

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