

DIALOGUE

Inspired by our UU principles, we are a vibrant, intentionally diverse congregation that models and promotes both locally and globally: love, spiritual growth, service, right relations, and sustainable living.

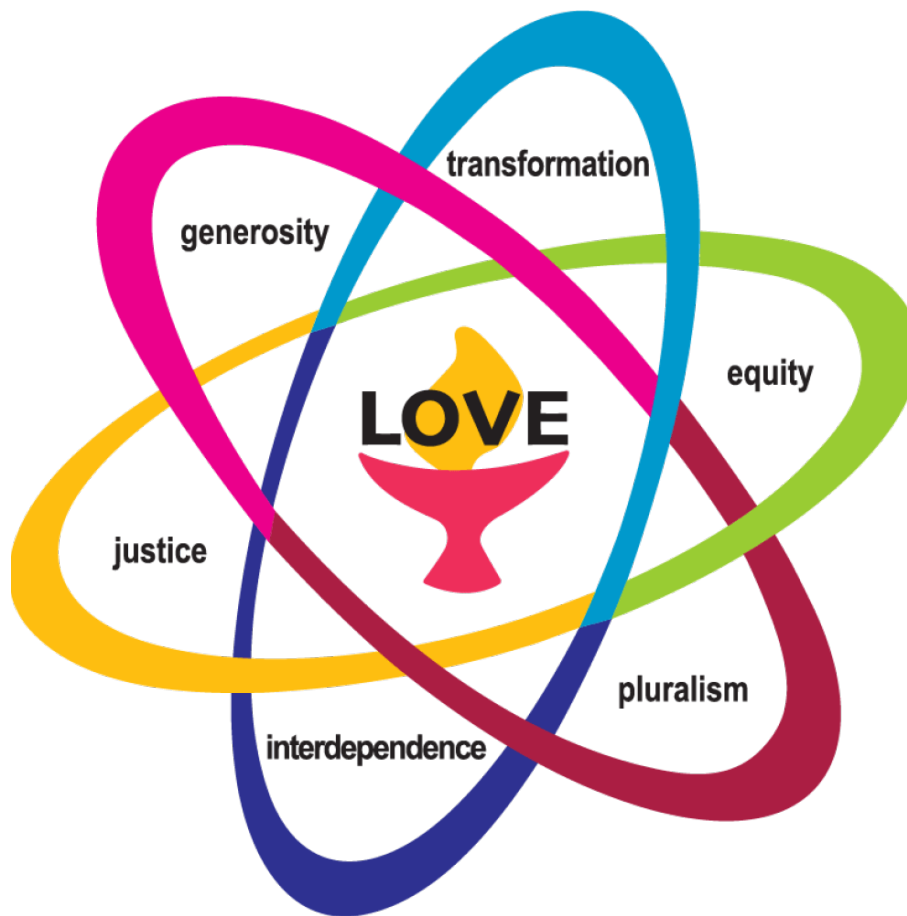


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Irving Himelblau, Editor

Rev Ellie's Corner



Beloved UUFSD Members and Friends,

Rev. Kate Walker once wrote a poem called “In Between” in which she begins it with,
 “In between, liminal, that space where we wait.
 Between moments; events, results, action, no action.
 To Stand on the threshold, waiting for something to end,
 And something new to arrive, a pause in the rumble of time.
 Awareness claims us, alert, a shadow of something different.”

In many ways, it's been a year filled with liminal space and time. In between hope and despair. In between old systems and new. In between lack of space and new dreams. In between watching horrors unfold stopping the horrors. It has been both a gut wrenching year as we've watched our nation succumb to fascism, and so many beloveds terrorized and harmed in the process. It has also been a year of remembering that we are not alone at this moment in time, as much as forces would lead us to believe otherwise. Sometimes we misunderstand what liminal space means, as simply the unknown, or the time of waiting. But I contend that the in between is far more active and important than we realize because it's the in between time when relationships and community are truly born. It's the time we decide who we truly are. To put it in the context of our Unitarian Universalist faith: It's the time when we as individuals and as communities decide which principles and values to lift up and embody.

When I first arrived as your minister, I would have said quite easily that the congregation was largely shaped by the intersection of our first principle (the inherent worth and dignity of all people) with our fourth (a free and responsible search for truth and meaning). We have always been a community of seekers - a people who believe that the right to seek and question is a manifestation of inherent worth and dignity. When Trump won the election in November, I noticed a cultural shift in the congregation. It wasn't that the community forgot or discarded the fourth principle, but rather realized that in the context of our community and what we would need from one another to persevere, our togetherness appeared to matter more than the individual seeking. Protest and resistance became not just an action, but rather a spiritual principle that bound many in our midst together. What came to mind as I witnessed this shift was a profound desire to embody love, grow in spirit, connect with care, and transform the world. The individual seeking found other ways to assert itself within congregational life, but not as an agreed upon culture of the fellowship. It has been a privilege to witness the beginnings of this journey, but UUFSD is still very much in between cultures, and it will be up to the people to decide which one will truly become the organizing culture of who we are.

Who we choose to become in the coming years is a decision only UUFSD can decide, but as hard as it is, cherish this liminal space and time. It is a gift, without which future conviction and clarity is impossible. Many will join you in this journey, but the most important piece to remember is that we are always becoming, always in between, and always making and remaking ourselves. The same is true of communities as it responds to the ever changing world. Love abounds at UUFSD. Let that be the guiding remembrance as we move onwards towards conviction and clarity.

I love you all dearly.

With love and abundant Gratitude,
 Rev. Ellie Kilpatrick (she/her)

A Word From Heather



What a fun spring! RE was packed full of great activities and growth opportunities for our children, families, and fellowship at large.

The congregational weekend at Camp De Benneville was a time of connection and spiritual restoration. Favorite moments included Stephanie Reed's Women's Group Session, Rachel Spetzger and Emily Host's amazing jigsaw puzzle competition win, and the triumphant return of one of our little ones from the hospital after a sledding mishap resulted in minor injury. Next year's retreat can't come soon enough!

Our Easter Egg Hunt was a huge success this year as children sought out eggs filled with our UU principles. The children also signed cards for non-UUFSD children who were unable to join public events this spring.

The older RE children participated in the Climate Justice play "The Four Voices" during the Earth Day service. Adults joined the children as they told the tale of a small group of friends who travel to the future in a homemade time machine, only to find that the climate had not just survived, but thrived after they returned home to make their voices heard. The children painted set pieces and delivered wonderful performances, as did the "understudy" adults who stepped in at the last minute!

The UU Brewhouse finished its donation season in late May with performances from Sage Creek High School guest performers. After deducting start-up and ongoing expenses, the UU Brew is able to donate over \$700 to Voices for Children, the non-profit organization the children chose as their social justice organization this year. The Brewhouse will continue on the 4th Friday of each month through the summer. In September, a new organization will be chosen for next year's social justice project.

Summer RE classes will feature a "Children's Chapel" of artistic expression and growth, including classes in Art, Music, Gardening, and Storytelling. Regular RE classes, with the Soul Matters curriculum, will return in September. Have a great summer!

Warmly,

Rev. Heather Megill

UUFSD Congregational Administrator

Director of Religious Exploration & Fellowship



Our Values In Action



Helping Our Immigrant Neighbors

For the foreseeable future, our Social Justice Action Immigration Support Team will be collecting the following five items to support families impacted by fear of deportation and loss of income. **Please bring the following items to the patio: toilet paper, cooking oil, rice, beans, and laundry sheets.** Any size is acceptable. Thank you for your generosity!

Climate Action “Seltzer, Soda, and Mocktails Fundraiser



Sarah and Kevin Miller hosted an auction event titled "Seltzer, Soda, and Mocktails". They demonstrated how to make seltzer using tap water and a keg-aerator, and how to make your own specialty mixes for sodas and mocktails. Additionally, guests sampled drinks from old time recipes: lemon barley water, a drink known to have been consumed by the ancient Egyptians and still popular in Australia, and switchel, which was the gator-aid of its time.

They noted that one canister of CO2 can make hundreds of gallons of seltzer without needing a refill. By using using water from our municipal water source



and re-usable, stoppered glass bottles, DIY sodas benefit all of us by:

- (1) avoiding contributing to the climate crisis by not using single-use plastic bottles or aluminum drink cans,
- (2) avoiding supporting Coca-Cola, PepsiCo, and Nestlé, which have been named among the world’s worst plastic polluters (and also have questionable labor practices),
- (3) and by nourishing our families and friends with pure, clean carbonated water and home-made flavorings (lemon, lime, ginger and more), free of highly processed ingredients, forever chemicals, and micro-plastics.

Sunday Food Offering for CRC

In the past, the UUFSD collected **non-perishable food items** and toiletries for the Food Pantry at the Community Resource Center in Encinitas. Well, it’s time to do this again. Besides being good for the Pantry and those they serve, these collections are good for us. It helps us remember our privilege and sets a good example for our children. Parents, encourage your child to select an item and bring it to the front of the amphitheater each week. Items collected will be delivered to the CRC each week and help keep the shelves stocked.

Encinitas CRC



Our Values in Action

Climate Action and the Helping Our Neighbors joined forces! Sunday, April 27



This collaborative action increases our interaction with our Fill-a-Belly friends. In addition to our regular monthly meals we identified other needs for our unhoused neighbors.

The items that we requested were: Clothing and footwear of all types (male and female, young and old), blankets and sleeping bags. There was also a request for a bicycle. We requested that what was donated be clean and in good repair -- something people would be happy to give to a family member, not just stuff you're getting rid of).



A donation table was set up in the Core Area to receive the donations, and this was followed by our traditional vegetarian/vegan potlucks.

Please plan to participate and come to our next organic/vegan potluck on July 13 after the service.

For more information, contact Sarah Miller at climateactioncoord@gmail.com

Saturday, June 7, Downtown Oceanside



UUFSD members from both the RE and Social Justice programs manned a booth at Pride By the Beach on June 7th in downtown Oceanside, where they handed out flyers and candy, helped kids and adults put on temporary pride tattoos, and represented one of many churches gathered to support gender and sexuality equality.



Helpers included Susan Hahm, Rev. Heather, Liz Young, Donna Gerhauser, Mike Cosgrove, Paul Trause, and the Folkman family (Jason, Victor, Kyle, & Katherine), with a special guest appearance by Robin Sales and friends. With amazing food, entertainment, and the abundance of loving community, we're already looking forward to next year!

Our Values In Action

MAKE SOME GOOD TROUBLE

JUNE 14 NO KINGS NATIONAL DAY OF PEACEFUL PROTEST



Our Values in Action



The UUFSD Social Justice Palestine-Israel Justice Group held an Information forum as a prelude to asking the Fellowship to become an Apartheid Free Congregation. The forum panel consisted of

Moderator: Rev. Ellie Kilpatrick, Minister at UUFSD;

Rabbi Alexis Pierce, Former Rabbi of Congregation Dor Hadash;

Jamal Kanj, Author of “Children of Catastrophe: Journey from a Palestinian Refugee Camp to America;”

Larry Christian, Ex Director Arab Film Festival & President of Karama, dedicated to educating the public on Arab culture and history.



Apartheid Free Congregation UUJME Statement

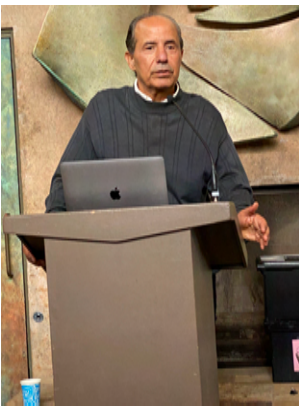
The Unitarian Universalists for Justice in the Middle East (UUJME) joins with communities all over the world to mark an important milestone: over 500 congregations and organizations have taken a pledge declaring themselves “apartheid-free.” Pledge signers commit to cut ties with Israel’s apartheid regime against Palestinians and to oppose all forms of racism, bigotry, discrimination, and oppression. (UUJME) is a proud original signatory of the ApartheidFree Communities pledge. We took the pledge because it invites commitment to collective study and action within a growing movement of communities in solidarity with Palestinians in their struggle for liberation.

Our Values in Action

Palestine-Israel Justice Group Forum, Sunday, May 18



Larry Christian is executive director of the Arab Film Festival, and president of Karama, a nonprofit promoting the understanding of issues facing the Arab and Islamic World, and the Palestinian issue in particular. Karama provides educational materials for teaching about Islam and Palestine/Israel, and also convenes speakers' forums and community events. For more information go to Karamanow.org. In the 1970s, Mr. Christian co-founded the Working Committee on Southern Africa and the California Campaign Against Apartheid. Mr. Christian earned his BA in history from UC Berkeley, and has worked many years as an engineer.



Jamal Kanj was born in a Palestinian refugee camp in Lebanon and lived through the Lebanese Civil War—an experience that shaped his commitment to justice and community empowerment. He moved to the U.S. in the late 1970s, became a licensed Professional Engineer in California, and worked on water infrastructure projects in San Diego, Gaza, and globally. He also earned a Ph.D. in Leadership and Executive Management while serving in high-level executive positions across several organizations. Mr. Kanj is the author of *Children of Catastrophe* and other books. He shares insights on Palestine and the Arab world through articles, lectures, and media appearances.

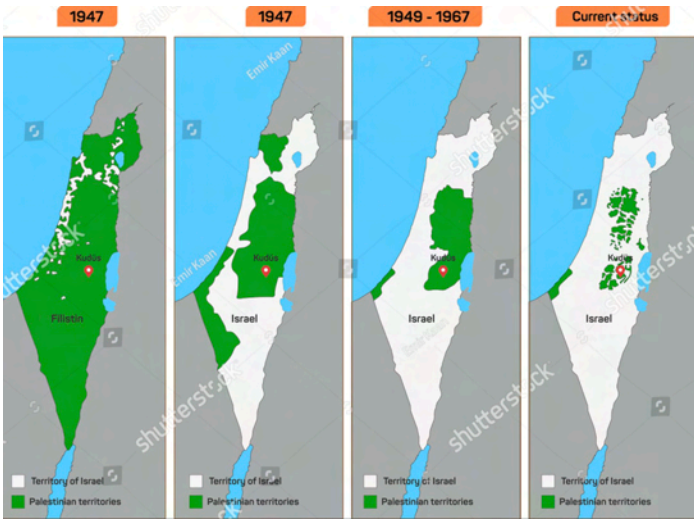


Rabbi Alexis Pearce attended Brown University and was ordained at a Reconstructionist Rabbinical College in Philadelphia in 1993; she served as rabbi of the Congregation Dor Hadash from 1996 to 2005; she currently serves as Director of Spiritual Services at Wesley Palms Retirement Community. Rabbi Pearce is a member of the San Diego Faith Leaders for Palestine.



Our Values in Action

We hope you agree that UUFSD should become the next signatory of this pledge!



Unitarian Universalist Fellowship of San Dieguito Apartheid Free Pledge

We Affirm our commitment to freedom, justice, and equality for the Palestinian people and all people;

We Oppose all forms of racism, bigotry, discrimination, and oppression; and

We Declare ourselves and apartheid-free community, and to that end,

We Pledge to join others in working to end all support to Israel's apartheid regime, settler colonialism, and military occupation.

UUFSD Palestine-Israel Justice Group (PIJG) Action Items

The UUFSD Palestine-Israel Justice Group petitioned our US Senators and House of Representative members to disapprove the sale of military equipment and weapons to Israel and allow for urgent and immediate delivery of humanitarian aid to the people of Gaza.

Petition in Support of House of Representatives Joint Resolutions 68, 69, 70 and 71

H.J. Res. 68, 69, 70 & 71 propose to disapprove the proposed foreign military sale to Israel of certain defense articles and services. We urge U.S. Congressman Mike Levin, California's 49th District, to co-sponsor these Resolutions

Petition in Support of Senate Resolution 224

We, members and friends of the UUFSD are deeply concerned about the catastrophic hunger crises in Gaza. Israeli authorities, with the full support of the United States, have blocked all forms of lifesaving humanitarian assistance for close to 3 months. We urge you to co-sponsor S.Res.224, a bill introduced by Senator Welch calling for the urgent delivery of humanitarian aid to the people of Gaza.



NO FUEL FOR GENOCIDE
BOYCOTT
CHEVRON

UUFSD Palestine-Israel Justice Group

The Palestine-Israel Justice Group has collected 152 signatures from members and friends of UUFSD supporting a boycott of Chevron.

Groups around the world are answering the call from the Palestinian Boycott, Divestment, and Sanctions movement (BDS) and joining a global campaign to hold Chevron accountable for profiting off of the genocide in Gaza and apartheid against all Palestinians. Chevron supplies Israel's war machine with energy via the operation and co-ownership of the major gas fields off the coast of colonized Palestinian land. Both Chevron and Israel enrich themselves from these projects – continuing a pattern of ongoing violence and apartheid. We demand Chevron end its support for ongoing genocide and apartheid in Palestine by divesting from its projects with Israel, and we demand Chevron stop fueling climate destruction globally.

Our Values in Action

Fill A Belly, Thursday, May 23



!!!!!!!What a spread!!!!!!!

We served around 60 unhoused friends on a beautiful Thursday evening. One again, we recognize with deep appreciation those member and friends that helped provide meals and served dinners and desserts.

Thank You to our wonderful hosts:

- Cheryl Close
- Elizabeth Gilpin
- Margaret Klingensmith
- Mary Anne Trause
- Paul Trause
- Marty Vogel
- Ted Foster
- Linda Luisi
- Donna Gerhauser
- Mary "Dhooge,
- Robin Sales
- Nancy White
- Norma Showalter
- Adrienne Simonelli
- Harry Galliver
- Randy Lange
- Michael Cossgrove
- Richard Macdonald
- Nancy Romig
- Julia Darling
- Sara O'Hara

And a very special thank you to our UUFSD Fill a Belly Coordinator, Terry Goan

Music at UUFSD



MUSIC SUNDAY, MAY11, SHARON KATZ AND “THE PEACE TRAIN”

The Fellowship was treated to a unique Music Sunday. In addition to our wonderful choir, we were privileged to welcome back Sharon Katz and “The Peace Train” who performed in Founders Hall. Sharon played lead guitar and sang and was accompanied by Jacob Russo on drums and Ignacio Arango on bass guitar. After our gathering hymn, “Enter, Rejoice and Come In,” we sat, stood, clapped and rocked to an extraordinary performance which included:

“We Can Be The Change.” Music by Sharon Katz and additional lyrics by Wendy Quick.

Sharon Katz and the Peace Train with the UUFSD Choir

“Hush! Somebody Is Calling My Name” Traditional Spiritual arranged by Brazeal Dennard

UUFSD Choir

“What Can We Do” (Sizokwenjani)” Music by Sharon Katz,

Sharon Katz and the Peace Train and the UUFSD Choir

“If I Can Stop One Heart From Breaking” Music by Jean Berger

UUFSD Choir

“The 23rd Psalm” Music by Bobby McFerrin, transcribed by Dan Stopler

UUFSD Choir

Postlude: “Sanalwami” Tradition Xhosa Song Arranged by Sharon Katz

Sharon Katz and the Peace Train with the UUFSD Choir

Baroque to Brahms Chamber Music Concert



About the Green Flash Baroque by Lynne Talley

The 4 of us 'Green Flash Baroque' are

Jean Lewis (baroque and modern flute) [PhD biochemist](#) (formerly at Biological Dynamics)

Valerie Cereskin (baroque and modern flute) Retired accountant and business owner

Vera Kalmijn (viola da gamba) Retired biological oceanographer (Scripps Institution of Oceanography)

Lynne Talley (harpsichord and piano) Partially retired PhD physical oceanography Professor (Scripps Institution of Oceanography)

Jean, Valerie and Vera are members of the Kensington Baroque Orchestra, and Val is a member of the North Coast Symphony.

Vera and I played together 40 to 45 years ago in Woods Hole, MA, and then for some time after I moved to San Diego, where she has been a long-term member of the San Diego Early Music Society.

I focused on piano after I started having children 35 years ago, and was UUFSD accompanist for many years. Valerie Cereskin and I sometimes performed modern flute/piano repertoire at UUFSD and salons at Monique Kunewalder's house.

Vera has always had a harpsichord in her house, and we resumed playing again several years ago. I joined their group about 4 years ago. We meet and play about once a month, going through a large amount of interesting repertoire.



Lynne Talley Harpsichord



Green Flash Baroque Valerie Chereskin & Jean Lewis Baroque Flutes
Vera Kalmijn, Viola de Gamba
Lynne Talley, Harpsichord



Flute Quintet
Valerie Chereskin, Jean Lewis, Lynn Clauson,
Leilana Gjellstad and Elena Yarritu

Baroque to Brahms Chamber Music Concert



String Quartet
Victoria Cheng, violin, Jayson Resto, violin
Valerie Norton, viola, Thomas Dalton, cello



Brahms Piano Trio
Victoria Cheng, violin, Janet White, cello
Lynne Talley, piano

Baroque to Brahms Chamber Music Concert

Gottfried Heinrich Stölzel (1690-1749)

Sonata

Allegro, Lento, Vivace

Green Flash Baroque

Valerie Chereskin and Jean Lewis, Baroque

Flutes Vera Kalmijn, Viola da Gamba

Lynne Talley, Harpsichord

Joseph Bondin de Boismortier (1689-1755)

Concerto VI in E Minor for Five Flutes

Adagio, Allegro, Allegro

Flute Quintet

Valerie Chereskin, Lynn Clausen, Leilani Gjellstad,

Jean Lewis, Elena Yarritu

Sergei Prokofiev (1891-1953)

String Quartet in B Minor, Op. 50, No. 1

I. Allegro

String Quartet

Victoria Cheng, violin, Jayson Resto, violin

Valerie Norton, viola, Thomas Dalton, cello

Georg Philipp Telemann (1681-1767)

Trio in A Minor

Largo, Allegro, Cantabile, Allegro

Green Flash Baroque

Valerie Chereskin and Jean Lewis, Baroque

Flutes Vera Kalmijn, Viola da Gamba, Lynne Talley,

Harpsichord

Johannes Brahms (1833-1897)

Trio in B Major, Opus 8

Allegro con brio

Piano Trio

Victoria Cheng, violin, Janet White, cello

Lynne Talley, piano

Johann Joachim Quantz (1697-1773)

Trio Sonata in D Major

Adagio, Allegro, Largo, Allegro

Green Flash Baroque

Valerie Chereskin and Jean Lewis, Baroque

Flutes Vera Kalmijn, Viola da Gamba

Lynne Talley, Harpsichord

Johannes Brahms (1833-1897)

String Quartet in A Minor, Op. 51, No. 2

I. Allegro

String Quartet

Victoria Cheng, violin, Jayson Resto, violin

Valerie Norton, viola, Thomas Dalton, cello

I.

de Benneville Pines

UUFSD Family Camp de Benneville - April 11-13

About 74 of us made it up to Camp for a fun-filled weekend, April 4-6. To the delight of the kids (about 16 strong), there was snow on the ground, and they made the most of it, dragging out the snow toys and having numerous snowball altercations. By Sunday when we left, the snow was mostly gone.

Entertainment on Friday night was Improv, with groups of kids and adults alternating with the skits. Some were downright hilarious. On Saturday evening, we enjoyed a No-talent Show, again with both kids and adults participating.

Programing included two hikes on Saturday, a writing workshop, a story telling workshop, a women’s group, and numerous craft activities. There was something for everyone. On Saturday, some of us made some signs in solidarity with demonstrations happening all over the country and taped them to the lodge windows.

The Sunday Morning worship service, led by Rev. Heather, concluded with us writing something on a paper leaf (biodegradable) that we wanted to take home from our weekend and hanging it on a “tree,” that was “planted” in front of the lodge.

Kids at Play



Enjoying the Sun



Signs



de Benneville Pines

Lining up for Dinner



Bon Appetite



Warmth



Lazing in the Lounge



Worship Team



Creating the Biodegradable Tree



Closing Ceremony



Welcome New Members



Harry Galliver and Margaret Klingensmith first experienced UUism at Camp de Benneville Pines. It intrigued them. Recently, they decided to seek out a UU congregation and found us. Harry is a native Californian, raised in the Bay Area, and living in the San Diego area for almost 35 years. Margaret was an educator for the K-12, university and adult education levels in English and Spanish. She served in the Peace Corps in Brazil in the mid 1970's. Presently, she does volunteer work, especially with her two Therapy Dogs. Welcome Harry and Margaret!



Greg and Rachel Spetzger found us because they want to bring up their children (Madelyn 8, Ethan 7 and Finley almost 2) to have the values Greg received as a life-long UU. He was born and raised UU in New Jersey. Rachel is from the Philadelphia area originally, but moved to the San Diego area in 2015. For both themselves and their kids, they also want a sense of community and spirituality. Welcome Spetzgers!

