

Unitarian Universalist Fellowship of San Dieguito

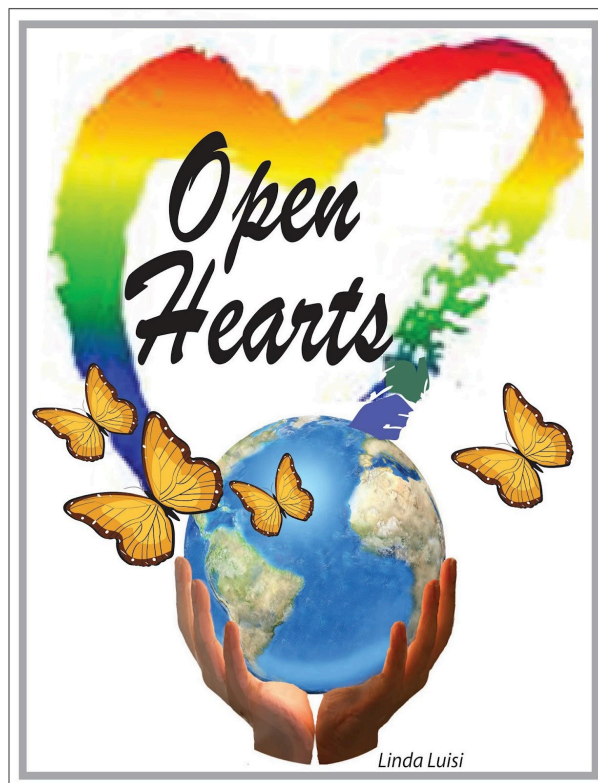
Service at 10:00am

Watch this Sunday's Sermon via Zoom

<https://uufsd.org/zoom>

Meeting ID: 952 2706 0986

Passcode: 618961



July 13, 2025

"Open Hearts"

Order of Service: Sunday, July 13, 2025

Prelude

Lynne Talley

Gathering Hymn: "Come, Come, Whoever You Are"

(please stand)

Come, come, whoever you are
Wanderer, worshiper, lover of leaving
Ours is no caravan of despair
Come, yet again, come (3x)

Welcome and Greet Your Neighbors

Susan Hahm

Welcoming Hymn #131 Love Will Guide Us

Call to Worship

Susan Hahm

Land Acknowledgement

Susan Hahm

Chalice Lighting

Christie Turner

Time for All Ages

Susan Hahm

Moody Cow Meditates by Kerry Lee Maclean

Children's Recessional Hymn #414

(sing 2x as children leave service)

"As we leave this friendly place, love gives light to every face;
May the kindness which we learn, light our hearts till we return."

Centering Hymn and Covenant

#123 "Spirit of Life" / #31 "Fuente de Amor"

Words and Music by Carolyn McDade

Spanish lyrics by Ervin Barrios

Spirit of Life, come unto me;
Sing in my heart all the stirrings of compassion.
Blow in the wind, rise in the sea;
Move in the hand, giving life the shape of justice.
Roots hold me close; wings set me free;
Spirit of Life, come to me, come to me.

Fuente de Amor, ven hacia mí.
Y al corazón, cántale tu compasión.
Sopla al volar, sube en el mar,
Hasta moldear la justicia de la vida.
Arráigame, libérame,
Fuente de Amor, ven a mí, ven a mí.

Fellowship Covenant

“May love be the spirit of this congregation;
May the quest for truth be its sacrament
And service be its prayer;
To dwell together in peace,
To seek knowledge in freedom,
And to help one another in fellowship.
This is our Covenant.”

Community Sharing

Susan Hahm

Offering

Special Music

“Nature Boy” by Eden Ahbez

Susan Hahm/Jill Ballard

Meditation

Guided meditation

Christie Turner

Reflections

“Open Hearts”

Christie Turner

Special Music

“One Voice” by Ruth Moody

Susan Hahm/Jill Ballard/Cathy Leach-Phillips

Guided Meditation

Christie Turner

Special Music

Change is Gonna Come by Sam Cooke

Susan Hahm/Jill Ballard

Extinguishing the Chalice

Christie Turner

"We extinguish this flame, but not the light of truth,
the warmth of community, or the fire of commitment.
These we carry in our hearts until we are together again."

Closing Words

Christie Turner

Postlude

Lynne Talley

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Welcome visitors! We are delighted you are here. Immediately following the service, we invite everyone to join on the central patio to enjoy refreshments and conversation, meet new friends, and gather in fellowship.

Give Online



UUFSD is a welcome congregation.



Today's Service

Speaker

Christie Turner

Worship Associate

Susan Hahm

Ushers

Angie Knappenberger & Lisa Shaffer

UUFSD Staff

Minister	<i>Rev. Ellie Kilpatrick</i>
Dir. of Religious Exploration & Fellowship	<i>Rev. Heather Megill</i>
Music Director	<i>Steve Milloy</i>
Pianist	<i>Lynne Talley</i>
Audio Visual Technician	<i>Joe Cantrell</i>
Set Up Coordinators	<i>Byrht Renfrow / Guthry Hahm</i>
RE Support Staff	<i>Raja Michelle / Charlotte Rosen</i>

Announcements for Sunday, July 13, 2025

Potluck: Plant-based & Planet-Friendly

Today; 11am; Core Area

Potluck: Plant-Based Planet-Friendly, hosted by UUFSD's Climate Group. Let's ALL participate to help our planet. Invite family/friends to participate! Bring a healthy plant-based dish to share after the service with Christie Turner as speaker (Buddhist topic) & Music.

Purely plant-based: no animal products. (Vegetarian includes dairy/eggs. Place dairy/egg/cheese on the side.) Label your dish: spicy/nuts/gluten-free. PLEASE add recipe or your name. If you don't cook: salads & fruit plates are welcome!

What UUA has to say: <https://www.uua.org/environment/eating>

HELP SET UP: Check in with Sarah in the kitchen before the service (or to clean up after)!

The July Quarterly Magazine is Here

Our July Quarterly Magazine has arrived. We've had a busy three months. Our activities included numerous Social Justice Actions, a Baroque to Brahms chamber music concert, a remarkable and unforgettable Music Sunday, a successful Family Camp at Debenerville Pines, and much more. You can access the July Magazine at: <https://uufsd.org/news/publications/quarterly-magazine/> Enjoy!

Join Social Justice on Signal and Take Action!

Tired of not knowing when and where rallies and protests are taking place? Join UUFSD's Signal group and be in the know. It's easy:

download the Signal App and contact Andi MacLeod at andi.macleod@gmail.com to learn more and to get an invitation. See you on Signal!

GroupiNext

Last week, I gave a sermon on “Groupiness”, lifting up the idea that we have much in common with friends and neighbors who practice other faith traditions. I proposed an outreach effort to try and identify and work together on those many values, concerns, and aspirations we share. What exactly that looks like, and what action we might take as a result, are all waiting for your input. Everyone is invited to be part of the brainstorming and planning needed to shape this initiative. If you are interested, please access our form by scanning the QR code below and add your name, comments, and your preference for the first meeting. The link to the form can also be found in the newsletter. I envision a fairly small steering committee supported by a larger group of folks who want to be engaged in some way. Once we have an initial meeting and identify some first steps, we will report back to the whole congregation. Thanks for your interest. Contact Lisa Shaffer (LShaffer@ucsd.edu) if you have questions.



Scan to access
sign up form
for GroupiNext
group

2nd Monday Book Club reads Heather Cox Richardson

Monday, July 14; 6:30pm; FH

The 2nd Monday Book Club will be discussing *Democracy Awakening: Notes on the State of America* (2023) by Heather Cox Richardson. With remarkable clarity and the same accessible voice that brings millions to her newsletter, *Letters from an American*, Richardson wrangles a chaotic news feed into a story that pivots effortlessly from the Founders to the abolitionists to Nixon to the January 6 insurrection. Richardson reminds us that democracy requires constant vigilance and participation from all of us, showing how we, as a nation, can take the lessons of the

past to secure a more just and equitable future. Questions:
bookclub@uufsd.org or call or text Cathy L-P at 650 224-1974.

Fill a Belly

July 24; 6:15-7:45pm; Encinitas Methodist Church

Please sign up to bring a main dish, side dish, or dessert to serve 15 at the Encinitas Methodist Church on Calle Magdalena. Together we can serve 80 people! Contact Cheryl Close at cherical@gmail.com to sign up.

Sharing Delights and Bites

Auction planning is up and running. Time to start thinking ahead. Due to our upcoming construction, we'll have an online auction for dinners, services and activities in the fall (ending October 12), and a live party auction in the spring (May 16). So put both dates for *Sharing Delights and Bites* on your calendar and start thinking of imaginative, irresistible events to donate. If you have a big house, deck or yard, and prefer not to plan a gathering, we'd love for you to donate your space so someone else can create it for you. We'll have tables in the core area Sundays for sign-ups. Or contact Mary Anne at trause@comcast.net.

Please Keep it Coming: CRC Donations

First of all, thank you for your generous donations of food and other items for the CRC Food Pantry. However, we need to keep it coming, as ever more clients are added to the roles. So please bring your donations to the service and place them in the basket at the front by the podium. Thanks again.

Backpack Project

Sundays in July; 9-11:30am; Core Area

We will be collecting school supplies and backpacks Sunday mornings from July 6th to July 27th. The Dollar Store, 5 or Less, and Target are good places to shop. For those who disdain shopping, we will be collecting money in the Core Area on those dates and will use it to round out the supplies. The backpacks/school supplies will be distributed to local schools for underprivileged children in need. For more information, please contact Betsy Gilpin at betsygilpin01@gmail.com.

Unitarian Universalist congregations affirm and promote eight Principles, which we hold as strong values and moral guides.

- 1) The inherent worth and dignity of every person;
- 2) Justice, equity and compassion in human relations;
- 3) Acceptance of one another and encouragement to spiritual growth in our congregations;
- 4) A free and responsible search for truth and meaning;
- 5) The right of conscience and the use of the democratic process within our congregations and in society at large;
- 6) The goal of world community with peace, liberty, and justice for all;
- 7) Respect for the interdependent web of all existence of which we are a part;
- 8) Journeying toward spiritual wholeness by working to build a diverse and multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.



Contacting Our Minister, Rev. Ellie Kilpatrick:

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