

Unitarian Universalist Fellowship of San Dieguito (UUFSD)



Inspired by our UU principles, we are a vibrant, intentionally diverse congregation that models and promotes both locally and globally: love, spiritual growth, service, right relations, and sustainable living.

Welcome To the UUFSD



Rev. Ellie Kilpatrick

Welcome, dear newcomers, to the Unitarian Universalist Fellowship of San Dieguito! We, here, at UUFSD are so glad that you have visited us. UUFSD is a vibrant community of support, seeking, and sustenance. Whether you come seeking opportunities for fellowship, justice making, or spiritual nourishment, we hope you will find a warm and welcoming home with us. Unitarian Universalism is a faith that supports your journey towards becoming your most whole and happy selves. We welcome all races, genders, sexualities, and spiritual backgrounds. A common saying among UUs is that we do not need to believe alike to love alike. Love and fellowship are the heart of our congregation. We have many extraordinary ministries. Whether you're interested in children's programming, singing with our marvelous choir, joining our social action committee's justice work, or simply enjoying worship on Sunday mornings,

all of our ministries are bound together by the warmth of community building both on campus and out in the wider community. As the minister of UUFSD, I am available for pastoral conversations, or even if you just want to get to know us better! Please don't hesitate to email me at revellie@uufsd.org or set up an appointment on my calendly at <https://calendly.com/revellie>.

I'm so glad that you visited our community! Whether it's your first time with us or your 100th you are welcome and beloved here!

Blessings and Gratitude,
Rev. Ellie Kilpatrick (she/her)

Welcome Heather Megill, Director of Religious Exploration & Fellowship



Heather Megill serves as Director of Religious Exploration and Fellowship (DREF). Her academic credentials include a master's degree in Divinity from Starr King School for the Ministry and a master's degree in Music (Vocal Performance) from SUNY Buffalo. At Starr King, Heather's focus was predominantly in pastoral care and multi-religious studies. She has taught performance, theory, and practical applications of the arts, and worked with elementary, middle, and high school students, as well as young adults in K-12 schools, college and community theatre organizations. In addition to student and volunteer leadership experience, Heather brings operational expertise and social media marketing and outreach skills.

Heather was raised in the United Church of Christ, attended a Catholic school and has spent most of her adult life finding spiritual connection within the UU tradition. She is the mother of two teenage boys.

Our UUFSD Religious Exploration Fall program will officially begin Sunday September 15th. We are using a wonderful new curriculum from Soul Matters for the 2024-2025 year with monthly themes that will be coordinated with our worship services. This year's overarching frame is "The Practices of Our Faith" to focus on how Unitarian Universalism is a lived faith that inspires us to act, live, and love our values out in the world.

For more information on the Religious Exploration and Fellowship programs, please contact Heather at: heather@uufsd.org.



Who We Are



Instead of a belief in one creed, Unitarian Universalists support a “free and responsible search for truth and meaning”. We covenant to uphold our shared values in our eight principles and unite in expressions of love in our:

Worship Services
Religious Education
Fellowship
Pastoral Care
Social Justice Work

WORSHIP

We meet Sundays at 10:00 am on campus and on Zoom, with Religious Education classes for our children. Weather permitting, we meet in our beautiful outdoor amphitheater. During inclement weather, we meet in Founders Hall. We hope you'll join us at our Gathering Hour after each service for refreshments and conversation.

In addition to Sunday services, our fellowship offers a broad range of programs: lifelong religious education, social justice and climate action, meditation and book groups and a wide variety of volunteer activities.

We welcome you: your whole self, with all your truths and doubts, your worries and hopes. Join us on this extraordinary adventure of faith.

UUFSD Congregational Covenant

*May love be the spirit of this congregation;
May the quest for truth be its sacrament;
And service be its prayer;
To dwell together in peace,
To seek knowledge in freedom,
And to help one another in fellowship.
This is our covenant.*



Our Eight Principles



Unitarian Universalist congregations affirm and promote eight Principles, which we hold as strong values and moral guides.

We live out these Principles within a “living tradition” of wisdom and spirituality, drawn from sources as diverse as science, poetry, scripture, and personal experience.

- 1) The inherent worth and dignity of every person;
- 2) Justice, equity and compassion in human relations;
- 3) Acceptance of one another and encouragement to spiritual growth in our congregations;
- 4) A free and responsible search for truth and meaning;
- 5) The right of conscience and the use of the democratic process within our congregations and in society at large;
- 6) The goal of world community with peace, liberty, and justice for all;
- 7) Respect for the interdependent web of all existence of which we are a part;
- 8) Journeying toward spiritual wholeness by working to build a diverse and multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.

SOCIAL JUSTICE

HELPING OUR NEIGHBORS

Helping Our Neighbors incorporates several justice programs. Information at: helpingourneighbors@uufsd.org.

Homelessness: includes toiletry distributions at the Encinitas CRC and monthly Fill-A-Belly dinners and participating in the annual homeless San Dieguito shelter program. Information at: homelessness@uufsd.org

Backpack Project: Provides backpacks and school supplies for disadvantaged youth. Information at: backpacks@uufsd.org

Immigration reform: includes helping an immigrant family seeking asylum. Information at: holidaytree@uufsd.org

Food Insecurity: includes a yearly food drive for the Encinitas Community Resource Center, supplying snacks and supplies to Colonia de Eden Gardens pre-school and participation in the annual CRC Holiday Basket Program. Information at: foodinsecurity@uufsd.org & holidaybaskets@uufsd.org

Winter Homeless Shelter: As part of the Interfaith Overnight Shelter network, we work with St. James Catholic Church each year to provide shelter, meals and overnight hosts for individuals without homes for a two week period. Information at: shelter@uufsd.org



CLIMATE ACTION TASK FORCE



Climate Action is a task force of the Social Justice Action Committee. It facilitates consciousness-raising about climate change and green initiatives at UUFSD and actions in the community. There are 5 areas of particular interest:

- *water conservation
- *energy production & use
- *environmentally responsible investing
- *transportation & urban planning
- *food & waste

Information at: climateactioncoord@uufsd.org

CASAS DE LUZ



Our mission is to transform individuals, families, and communities on both sides of the San Diego/ Tijuana border and create long lasting, self-sustaining change through youth empowerment, cross cultural relationships, leadership development, home and community development, and environmental sustainability.

Projects include

- home and community center builds in Tijuana
- small cottage builds for homeless residents

Information at: casasdeluz@uufsd.org

SOCIAL JUSTICE

MENTAL HEALTH



We support efforts to end the stigma associated with mental illness. We partner with regional organizations to bring awareness, education and opportunities to share coping and caring strategies. Information at: MentalHealth@uufsd.org

UU THE VOTE



Directly or indirectly, the issues so many of us care most deeply about— climate change, LGBTQ rights, immigration, racial justice and more—are part of every election and on every ballot. UUs are called to join forces with all people who want to organize our communities and our nation to defend democracy and voting rights. UU the Vote encourages letter and post card writing to registered voters to encourage them to cast their votes. Information at: vote@uufsd.org

Palestine-Israel Justice Group



Seeking justice, equality and dignity for the people in Palestine and Israel. The Social Justice Action Committee has created a UUFSD Palestine-Israel Justice Group. All UUFSD members and friends are welcome to join the team. Information at: PalestineIsraelJustice@uufsd.org

GENEROSITY SUNDAYS



One way that our congregation participates in outreach and social justice work is to designate at least four Sundays as Generosity Sundays. We donate the proceeds of the offering to an agency, organization or project which serves the causes of our program areas of social justice. Information at: generosity@uufsd.org

PARTNER ORGANIZATIONS

Gun Violence Prevention:

San Diegans for Gun Violence Prevention: <https://sd4gvp.org>

Racial Justice:

Showing Up for Racial Justice, North County San Diego: surjncsd@gmail.com

LGBTQIA Rights:

First UU Church of San Diego Rainbow Action: lmittlow@gmail.com

LGBTQIA Rights:

North County LGBTQ Resource Center: info@ncresourcecenter.org



SPIRITUAL GROWTH



Earth Centered Spiritual Group

Meetings on 3rd Mondays, 2:30 - 4:00pm

Informal discussion group, reading on a wide range of subjects including the meeting of science and spirituality, mythology, indigenous wisdom, and nature writing. Information at: earthcentered@uufsd.org



Buddhist Meditation

Fridays, 10 am, Founders Hall

Meditation, reading and discussion

Information at: buddhistgroup@uufsd.org



Sacred Texts Discussion Group

Third Saturdays, 11 am, Founders Hall and zoom

We seek to understand our UU principles and sources better, and continue the discussion about how we live those values in our lives.

Information at: sacredtexts@uufsd.org



Sacred Circles

We come together in small groups, to delve into thought provoking and UU related topics October through May each year. We share our challenges in implementing what we have learned into our everyday lives. Dates and locations vary by groups. Information at: sacredcircles@uufsd.org





Religious Education

Our Mission

The mission of our Religious Education Program at UUFSD is to provide:

- A community where children feel love, acceptance and belonging;
- A religious and moral foundation for honoring life's joys and tragedies;
- A knowledge of Unitarian Universalism and exploration of other religions;
- A recognition of our social justice responsibility to the greater world community and our planet;
- Opportunities and resources for personal and spiritual growth.

Our Program

We provide children an opportunity to explore, reflect, and learn in a nurturing spiritual community. Children's religious education programs are typically offered on Sunday mornings, and families are also invited to participate in all-ages events like Art Club sessions, singalongs and Family Game Nights at the Fellowship.

Each person is important

Be kind in all you do

Learn to work together

Search for what is true

ALL PEOPLE NEED A VOICE

Build a fair & peaceful world

Respect the earth, our home

DISMANTLE RACISM & OTHER OPPRESSIONS

Volunteers Welcome!

To assist in teaching or childcare contact

Heather Megill: heather@uufsd.org

Get Involved!

Make friends, join the community of friends.

Those who bring sunshine to the lives of others cannot keep it from themselves.

- J.M. Barrie



GREETER

Be that first sunny face attenders see
To learn more, contact:
membership@uufsd.org



USHER

Hand out hymnals, collect weekly offering, run microphones,
To learn more, contact:
Ushers@uufsd.org



HOSPITALITY

Baked goods, fruit welcome
To learn more, contact:
kitchen@uufsd.org



KITCHEN ELF

Help out before or after service
To learn more, contact:
kitchen@uufsd.org



BOOKSTORE SELLER

During social hour
To learn more, contact:
library@uufsd.org



RELIGIOUS ED

Teacher, assistant childcare. To learn more, contact Heather Megill at heather@uufsd.org



PASTORAL CARE

Offer compassionate support to members and friends in times of need. Through compassionate listening and crisis support. Contact: Rev Ellie at revellie@uufsd.org



BUILDING & GROUNDS

Join our Building and Grounds crew as they continue to care and beautify our campus. To learn more contact: [building and grounds@uufsd.org](mailto:buildingandgrounds@uufsd.org)

“If you think you are too small to be effective, you have never been in bed with a mosquito.”

- Betty Reese



FELLOWSHIP



All-Ages Art Club

1st Sundays, 12pm

Information at: artclub@uufsd.org



All-Ages Pizza/Game Night

4th Mondays, Times vary

Information at: gamenight@uufsd.org



Book Club

2nd Mondays, 6:30 pm, Founders Hall

Information at: bookclub@uufsd.org



Camp de Benneville in San Bernardino National Forest Year-round UU Camps (kids, adults, themed, all ages)

Information at: uucamp.org



All-Ages Campouts (local mountains)

4th of July and Labor Day

Information at: OutdoorAdventures@uufsd.org



Campus Events

Auction, Flamingo Swap, Concerts, etc.

Dates vary, check newsletter and website (uufsd.org)



Choir - All welcome, no experience required!

Rehearsals on Thursdays at 7 pm in Founders Hall

Sing on Sundays and at other events

To learn more, contact Steve Milloy: Steve@uufsd.org



FELLOWSHIP



Bit o' Fun/Improv

1st & 3rd Mondays, 5:30 pm

Information at: improv@uufsd.org



Garden Club

Meeting dates vary

Information at: gardenclub@uufsd.org



Men's Club

2nd & 4th Fridays at 12 pm, usually in Core Area

Information at: mensgroup@uufsd.org



Potlucks and Holiday Celebrations

Times vary, check Newsletter, website (uufsd.org)



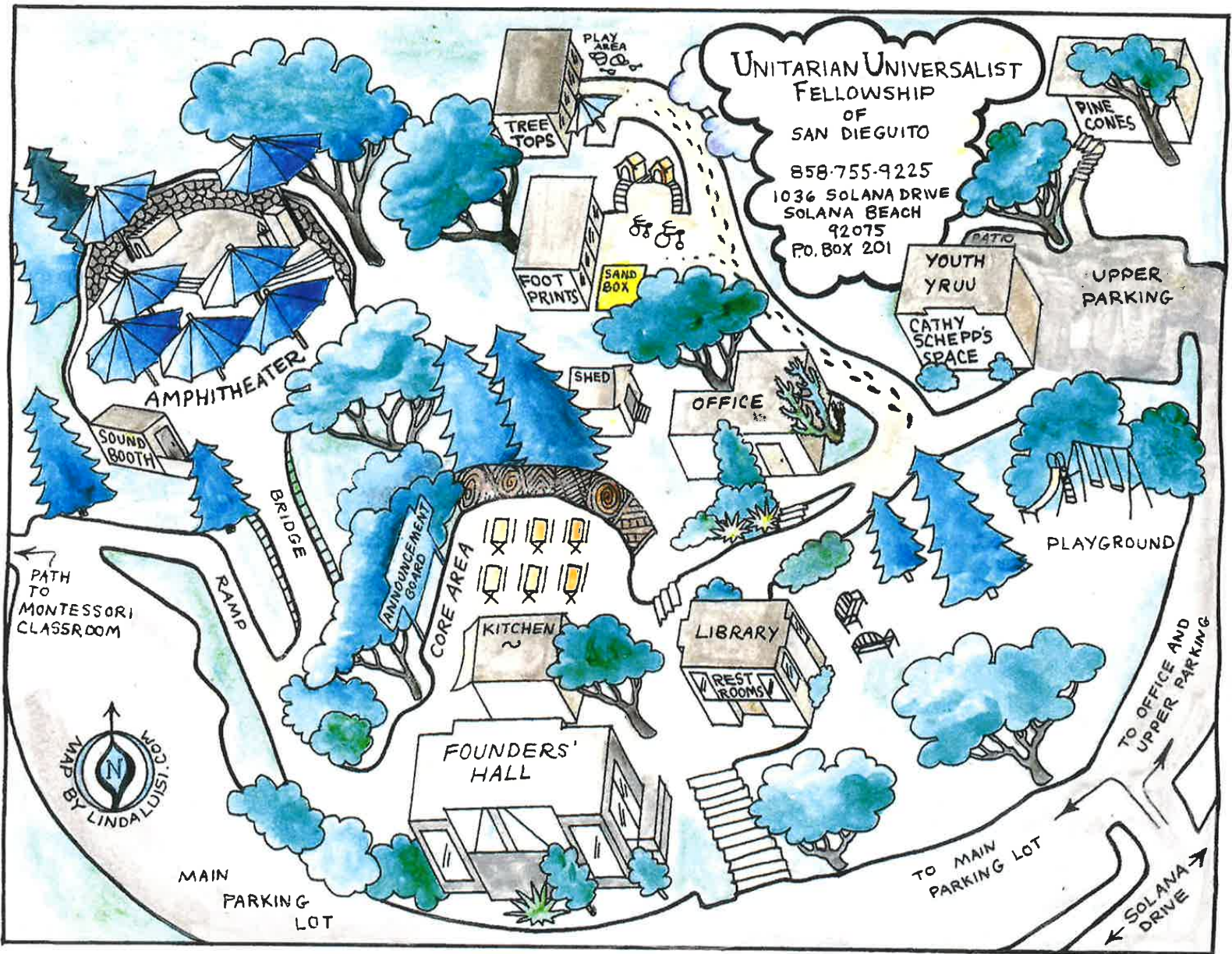
Women of the World/Women's Group

2nd & 4th Wednesdays at 12 pm

Information at: womensgroup@uufsd.org



OUR CAMPUS



IN THIS CONGREGATION, WE BELIEVE:

LOVE IS LOVE

BLACK LIVES MATTER

CLIMATE CHANGE IS REAL

NO HUMAN BEING IS ILLEGAL

ALL GENDERS ARE WHOLE, HOLY, & GOOD

WOMEN HAVE AGENCY OVER THEIR BODIES

 UUA.ORG/IMAGES