

# DIALOGUE

*A QUARTERLY MAGAZINE*

*Inspired by our UU principles, we are a vibrant, intentionally diverse congregation that models and promotes both locally and globally: love, spiritual growth, service, right relations and sustainable living.*

***TRANSITIONS &  
SHARED MINISTRY  
EDITION***

***HAPPENINGS***

**OCTOBER SAC PROJECT-CRC SPECIAL FOOD DRIVE**

**“FROM OUR TABLE TO YOUR TABLE”**

**OCTOBER 12, 19, & 26**

**The Encinitas CRC has identified three items that are  
in very short supply in their Food Pantry:**

**OUR GOAL IS TO PROVIDE 100 UNITS EACH OF:**

**Powdered Laundry Detergent**

**Cooking Oil**

**Oatmeal**

**Please drop off donations at the Social Action Table in  
the Core area. Monetary donations also appreciated**



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# Day Laborers' Lunch Program July-August-September, 2014



**July Volunteers:** Liv Walsh, Nancy & Roger Harmon, Alejandra Huffman-Chen, Irv Himelblau



**August Volunteers:** Liv Walsh, Caroline Demar, Alejandra Hoffman-Chen, John Drummond, Maria Angelella, Barry Hatfield & Irv Himelblau



**September Volunteers:** Liv Walsh, Alejandra Hoffman-Chen, Abe Alvarez, Nancy & Roger Harmon, Ranae Grieg & Irv Himelblau

# Backpack Project June-August 2014



Congratulations UUFSD for an extraordinary contribution to the children of abused mothers at the Encinitas Community Center, to homeless teens at "Stand Up" in Oceanside, and for the children of the Colonia Carretas in Tijuana. Our Goal was to distribute 50 backpacks.



**Through your generosity we assembled 79 complete backpacks.**

A special thank you to the project coordinators, Liz Young and Livia Walsh, and to the volunteers that assembled the backpacks: Debbie Ploeser, Julia Darling, Elizabeth Michel, Martin Vogel, Victoria Rodriguez, Norma Showalter, Kay & Chris Byrnes, Monica Graves, Tinsika Riggs, Bev Conner, Ikka Livingston, Renata and Guthry Hahm and Katarina Young.



Liz Young with Rebecca Nussbaum Dir., Encinitas Community Resource Center



New home, new backpacks. Colonia Carretas



# Taste of SUUN A Food and Music Festival, Saturday, August 23, 2014



**What a fantastic event!!!!**  
Close to 300 UU's from five congregations in San Diego County got together for an evening of food and

entertainment at the UUFSD. Bands included Grunion Run, Semi Tones, UUFSD Band, Electric Groove, Acousticats and singer Julie McKane.



Thanks to Vicki Newman, and the SUUN organization, to Rev D, Don Jones and Keith Albury, who grilled up a storm, and to all the members who helped in the kitchen.

## DESIGNING & BUILDING THE DREAM - UUFSD IN 2020



The architects and landscape designer, David Pfeiffer, Wayne Holtan, and Jon Powell, gave a brief overview of their initial thoughts and then encouraged us to share our ideas, reactions, and questions.

## Water Ceremony, Sunday, September 7, 2014



Over 170 members, friends and visitors participated in our Water Communion Services. Actual and virtual water, and the stories that they represented, from San Diego and around the world, were collected and narrated. In his sermon to the congregation, Rev. David asked us to meet the challenges of our times with bold, exciting and transformative actions.



## Social Action Committee, Sunday, September 7, 2013



Eighteen members of the Fellowship met in an historic Social Action Committee Meeting. The highlights of the meeting were the establishment of a SAC calendar through April 2015 and the selection of a pilot project FY 2014-2015, building on ongoing immigration reform actions. The initiative opens the possibility of a new approach in how the Fellowship conducts Social Action.

Other UU congregations throughout the country have found that centering energy on a single issue leads to more meaningful involvement, collective growth and effective action. Stay tuned for details of the Immigration Action and Reform Initiative. The SAC is eager to solicit and receive your input and participation as we proceed to effect change to all current inhumane immigration laws.

## UUFSD Annual Beach Party



Wonderful people, wonderful food, wonderful time!!! Approximately 45 members and friends came to South Carlsbad Beach to celebrate a day in the sun, sand and water. **This is a yearly event, not to be miss.**

## R x4 Rummage Sale, Saturday, September 20



Cars and trucks were lined up in our parking lot at the break of dawn, as hundreds of people came to purchase goods at the first UUFSD RUMMAGE (Rx4) SALE. A special thanks to Alejandra Hoffman Chan and Renae Grieg for all their efforts in making this event a success. It took many long hours of organization, planning and execution to accomplish this feat. We raised approximately \$2500 for the Fellowship.

## UUFSD AT PEOPLE'S CLIMATE MARCH

Members of the UUFSD joined with other UUs and roughly 1,500 people who gathered and marched for Climate Justice. The march went from the Civic Center over to Broadway and then on to the County Administration Building. UUFSD participants were: John and Mary Ellen Drummond, Glen Bowden and Alice Brzovic, Scott Thatcher, John Atcheson, Wenda Alvarez, Jeff Severnhaus, Roger & Nancy Harmon, Alison Schlick, and Joey Elwell and their two children.



## Social Action Forum: The Refugee Crises

Thirty members of the Fellowship attended the Social Action Forum on Sunday, September 21. The speaker, Enrique Morones, is the founder and director of **Border Angels**, an immigrants' rights organization in San Diego. Enrique spoke of the refugee crisis and outlined actions that the Fellowship and other organizations can take to assist refugee families and especially children. In addition to the forum, the Fellowship donated the Sunday offering of \$1422 to **Border Angels**.



# Divide the Tasks - Multiply the Success Join in UUFSD Shared Ministry

## PRACTICE YOUR SKILLS

**MAKE A DIFFERENCE**



**FEEL NEEDED AND VALUED**

## EXPRESS GRATITUDE FOR LIFE'S GIFTS

*It takes a lot of people to make our Fellowship into the amazing organization it is.  
Get engaged, deepen your involvement with this marvelous place.  
Match the skill you have with the opportunities below.*

### **BUILDING AND GROUNDS (Once a month)**

**GET GROUNDED** - Who says there's no such thing as a free lunch. Meet with your friends once a month and get your hands dirty and your soul clean; keep the Fellowship looking good with the added bonus of a delicious lunch. Contact: Ken Schultz at [BuildingAndGrounds@uufsd.org](mailto:BuildingAndGrounds@uufsd.org)

### **COMMUNICATIONS**

**ARE YOU A DETAIL PERSON?** What we communicate is important, how we communicate is even more important, helping to get the word out and understood is a miracle! We need to keep our web site current. Can you spare a few hours a month? Join Communications. Contact Tiffany Fox at [Communications@uufsd.org](mailto:Communications@uufsd.org)

### **GREETERS (SUNDAYS)**

**MEET AND GREET AND FEEL COMPLETE** - Enjoy the interaction with members and visitors. Greet before a service every once in awhile. It's a great way to get to know people. Contact: Betsy Gilpin at [Membership@uufsd.org](mailto:Membership@uufsd.org)

### **HAPPENINGS TABLE (SUNDAYS)**

**BE THE ONE IN THE KNOW - AND HELP OTHERS FIND OUT** - Wonderful way to stay engaged. Staff the Happenings Table in the Core area after services. Distribute information on events/ activities, and opportunities at the Fellowship. Contact Irv Himelblau at [publicity@uufsd.org](mailto:publicity@uufsd.org)

### **JOY COMMITTEE**

**SPREAD JOY, HARVEST HAPPINESS** - Assist, support and facilitate social events such as: Holiday Festival, Passover Seder, Thanksgiving Dinner, 4th of July picnic, potlucks,. Share the joy! This a great way to meet people. Contact Susan Pernia at [Joy@uufsd.org](mailto:Joy@uufsd.org)

### **KITCHEN MANAGEMENT**

**WE MAY NOT LIVE BY BREAD ALONE, BUT SOMETIMES IT'S PRETTY TASTY** - Help create a welcoming environment as members and visitors pass by for coffee and goodies on the patio every Sunday.. Brew coffee, set the tables, clean up afterwards. Contact Alejandra Hoffman-Chan at: [Kitchen@uufsd.org](mailto:Kitchen@uufsd.org)

### **LIBRARY BOOK SALE (SUNDAYS)**

**IT WAS THE BEST OF TIMES-BUT IF YOU DON'T HELP IT COULD BE THE WORST** - Join in the conversation about books from the many that pass by the book sale table on Sundays. Contact Richard Macdonald at [ridumac@yahoo.com](mailto:ridumac@yahoo.com)

### **MEMBERSHIP**

**WHERE DO OUR NEW VISITORS GET THERE INFORMATION FROM?** Do you like kits? Be the assembler of UUFSD information to new visitors by putting together the "New Visitor Information Packet." Your way of "having a hand in our handouts." Contact: Betsy Gilpin at [Membership@uufsd.org](mailto:Membership@uufsd.org)

### **OFFICE (ADMINISTRATION)**

**WE ALL NEED A HELPING HAND... LEND YOURS** - Support the administration of our community. Contact: Office Administrator at [Office@uufsd.org](mailto:Office@uufsd.org)

### **PARKING LOT ATTENDANTS (SUNDAYS AND EVENTS)**

**LIKE TO TELL PEOPLE WHERE TO GO? THEN THIS IS A FIT FOR YOU** - Fulfill your desire for providing direction. Assist in parking lot traffic control. Contact: [ParkingLot@uufsd.org](mailto:ParkingLot@uufsd.org)

### **RE CLASS ASSISTANTS (SUNDAYS)**

**TEACH OUR CHILDREN WELL** - Share the ministry of guiding our children. Provide healthy snacks, another pair of hands, and an escort to the restroom, if needed. The main teacher does all the lesson preparation and leads the class. Contact: Alison Crotty, Director of Religious Education at [Alison@uufsd.org](mailto:Alison@uufsd.org)

### **SOCIAL ACTION/SOCIAL JUSTICE**

**WALKING OUR TALK** - There are a number of satisfying projects and programs to choose from. Ongoing projects include: Immigration Reform, The Community Resource Center Food Bank; Home Building, in Mexico; Environmental Justice; Interfaith Homeless Shelter and more. Contact: Irv Himelblau at [SocialAction@uufsd.org](mailto:SocialAction@uufsd.org)

### **USHERS (SUNDAYS)**

**BE A SHEPHERD** - Hand out Hymnals and Order of Service at the Sunday service, and distribute and collect offering baskets. Contact: Alana Schuler, Bob Quick, John and Mary Ellen Drummond at [Ushers@uufsd.org](mailto:Ushers@uufsd.org)

# TRANSITIONS



**Amanda Taylor**, just completed La Costa Meadows Elementary and starts San Elijo Middle School as a 6<sup>th</sup> grader next fall.

**To what are you most looking forward?** “I am interested in participating in the advanced math and English classes next year. They’re going to be a new challenge for me. This year just wasn’t very challenging.”

**What are you worried about next year?** “Maybe that we have to do all this new gym class work and there’s not much time to relax or read. At the middle school I’m going to, kids sign out a ball and play sports during free time. I’m not very excited about that.”

**Does the larger school size worry you?** “I’m worried about the bullying situation, since we’ll be the new kids. It’s a bit scary because you might be bullied by older students.”

**What can you do to get yourself ready for this big transition to middle school?** “I don’t think I’ll need to prepare for anything. I think it will be just learning along the way.”

**What advice might you have for other students facing a transition from one school to another?** “I’d say just relax, have fun. Transitions can be good.”

**What are you hoping to get out of middle school?** “I hope that I’ll excel and get good grades.”



**Iman Ahmad**, 12 years old, moving to Ohio June 30<sup>th</sup>. She’ll be entering 7<sup>th</sup> grade. She’s lived in CA her whole life but came to SD four years ago. She has moved before.

**What is it like to move to a new city and a new school?** “For me it’s hard to make new friends when you don’t know anybody. I guess the easiest way to do that is to get to know the teachers and then they can help you talk with other kids in the class.”

**How do you personally handle moving and going to a new place and making that change?** “It’s hard for me to leave this place since I’ve been here for a long time, but, I don’t know, you kind of get used to it after a while.”

**Does your mom help?** “Yeah, definitely”

**Is it scary?** “A little bit, in the beginning. But it gets easier.”

**What are you excited about with this move?** “I know a couple of people in the neighborhood that I’m going to, so that will be easier for me. And, I’m with my family, so that’s nice.”

**What advice would you give other kids your age who are facing a move?** “Don’t worry too much, you’ll eventually make friends and you’ll still have friends here who will support you, so it will be just like being here, only a different place.”



**Lily Franzwa**, just completed Oak Crest Middle School and starts San Dieguito Academy as a freshman in the fall.

**What are your concerns about the transition from being a middle school student to being a high school student?** “Probably my biggest concern is it’s going to be a lot of work. Since SDA (San Dieguito Academy) has four classes a semester. I think it’s going to be a lot of work; a lot more work than La Costa Canyon High School or Canyon Crest Academy and all those other schools.”

**How do you feel about being in the young class among all the older students?** “I know a lot of eighth graders from last year, so I’m not super worried about that.”

**How do you feel about the added pressure to perform on a high school level?** “SDA is one of the top schools in California so they’ll push you harder. Definitely.”

**Will that change how you handle pressures at school and at home?** “I do dance six days a week, so I’m already worried about when am I going to do homework when I dance from, like, four to eight every night? It’s going to be a lot of hard work. I may have to skip dance classes sometimes to do homework and study for tests.”

**Any ideas of how you might relax from that pressure?** “I haven’t really gotten the gist of how SDA works yet. I know there’s a four-by-four schedule (meaning four classes a semester) but I don’t know if I’m going to have Math, Science and English all in one semester. That would be really hard, because you get a lot of homework for those subjects.”

**What advice would you give other students who are making the transition to high school?** “I would just say keep calm and make sure you work hard.”



**Laila Al-Shamma**, going from La Costa Canyon to Stanford University, humanities focused degree.

**Leaving high school is a huge step, as is going to Stanford; so, what are you doing to prepare yourself for that kind of transition?** “I haven’t really thought about it a ton. I feel like I’ll be ok when I get there. I’m definitely intimidated

by Stanford a lot. The Core system is very intense there. But I always tell myself, with everything, that if other people can do it, why can’t I?”

**You’re also going to be away from your family, which is transitioning into adulthood. How are you preparing for that?** “That’s probably what intimidates me the most: homesickness. I think just being a little more independent is good. I’m going on a trip with some friends over this summer. It’s only for a week but it’s just friends – so no family – so that will be interesting, trying that out. And also I have a job this summer. “I think the main thing is school stress. Often when I’m stressed out I get help from my mom. And not having her around kind of throws a wrench into those plans. But there’s tons of campus support there, and I think it will be a good way for me to grow, really.”

**What scares you the most about this transition?** “What I’m most intimidated about right now is joining the Music Department. Being a music major is really, really intense, even at a school that doesn’t have a conservatory. So I’m intimidated by figuring out what classes I’m going to take. Also, I don’t know what my major is going to be... I’m worried about falling behind... What if I get there and decide I want to do *‘this’* but I’m too late... That’s kind of my main worry... that I’m not able to tell far enough in advance what I want to do with my life, and I’m worried I’ll miss opportunities because of it.”

**What are you most excited about?** “Being in a place where education is really valued. I feel that in my high school a lot of the times I’m around people who don’t value education and just aren’t that into high school. I’m also excited for the social scene – I’m not going to lie. So that will be fun. (I’m looking forward to) the Queer community as well. At my school, a group of my friends and I had to build the Queer and Allied community. It wasn’t really there already. So I’m ready to just be in a place where it’s already there, so I can go and have somebody else run meetings and have somebody else get resources for me – so I’m not preparing resources all the time, because it gets really exhausting. So I’m excited for that and to have a larger community. I’m one of five gay kids at my school. I’m ready to have more than that. That would be nice. It’s more than for dating purposes; it’s for having that kind of connection.”



### **Don Jones, Retired**

In January of this year, I retired from the U.S. Postal service with 35 years of service. I originally started working for the Post Office in the fall of 1975. From 1975 to 1982, I worked on and off, traveling, going to college, and basically just living my 20's free and easy! From October of 1982 until my retirement, I worked non-stop, taking only time off for vacations. Answering the bell for 32 straight years pretty well defined my life! I was Don, the singing, smiling mailman who enjoyed interaction

with all my patrons! Retirement was well anticipated, but I really had no idea how much my life would be changing. I pretty much defined myself by my career, and now it was over! Talk about a transition!

It took several months to actually feel like I didn't have to get up and go to work the next day. But along with this realization, I am now faced with the question, 'What's next?' Will I finally be able to get to all those long neglected projects around the house? Will I be able to volunteer more in activities which interest me? The answer is yes, but they don't all have to be done at once!

The bigger question for me is, “Now who am I, since I'm not Don the Singing Mailman anymore?” The answer is a simple one! I am still Don, the unique, caring, loving, a bit crazy at times individual I have always been!

The one constant in all of our lives is change! Life is a series of day to day transitions. For me, it's important to remember that whatever changes in my life, I won't be defined by those circumstances! I am still me, and I look forward to the changes which life puts in front of me! I am experiencing life, with all its joys and sorrows; it means I'm alive!

## Liz Young, empty nester

My youngest, Katarina, packed her bags and departed for Sonoma State University in August. She will be embarking on an exciting journey of new beginnings while my husband and I try to navigate our place in the world as empty nesters. I sent my oldest, Sammy, off to college three years ago, so I have an idea of what to expect. I'll put on my best face, but I won't be fooling anyone. The adjustment was traumatic for me last time and I'm honestly not ready for this big shift in my life – Where did the time go?



This shift is natural and common and most empty nesters I know, in time, comfortably settle into their new roles. With this in mind I have tried to stay positive and mentally prepare by telling myself that it can be an exciting time of new beginnings for me too. My husband and I can travel more. I'll have time for my yoga and meditation practice. I may even finally get around to learning Spanish. Not to mention that the house will be quieter and calmer and cleaner.



### ***Death Cafe - Saturday, October 18, 2-4 p.m. Core Area***

Death Cafe is a non-profit international movement that brings people together to eat cake and have a lively conversation about death. The sole objective of the Death Café experience is to increase awareness of death, while helping people make the most of their lives. Refreshments -- including cake! -- will be served. Contact Tiffany Fox at [tiffanymfox@gmail.com](mailto:tiffanymfox@gmail.com)



### ***Sat., Oct. 18: Peter Mayer in Concert Founders Hall, 7:30-9:30 pm***

Renowned Minnesota singer-songwriter Peter Mayer (**'Blue Boat Home'**) Tickets are available for purchase: \$15 in advance only, by October 15, 2014; \$20 at the door. [petermayer2014.eventbrite.com](http://petermayer2014.eventbrite.com) For concert questions, contact: Vicky at [suun.events@gmail.com](mailto:suun.events@gmail.com)



### ***Saturday, January 24, 7:30-9:30 pm: "emma's revolution" in Concert, Founders Hall.***

"emma's revolution" is the duo of Pat Humphries & Sandy O. Tickets available through EventBright--\$18 in advance (by 1/23/15) or \$22 at door. <http://emmas2015.eventbrite.com> Contact: Vicky at [suun.events@gmail.com](mailto:suun.events@gmail.com)

## SAVE THE DATES

**Sunday, October 12: SAC Monthly Forum: Putting a Human Face on Immigration. 12:15-2:00 pm, Founders Hall. Light lunch served.** The October Forum will have members of the immigration community share their stories with us. Contact Irv Himelblau at [SocialAction@uufsd.org](mailto:SocialAction@uufsd.org)

**Sunday, October 12: Generosity Sunday for the UUFSD Day Laborers Lunch Program.** Plans are being discussed to expand the lunch program from one to two Saturdays a month. Information on our semi annual "Immigration Legal Clinics," is included in the bags lunches. Contact Irv Himelblau at [SocialAction@uufsd.org](mailto:SocialAction@uufsd.org)

**Saturday, October 18, 2-4 p.m. Death Cafe - UUFSD Core Area**

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**Saturday, October 18: Peter Mayer in Concert, Founders Hall, 7:30-9:30 pm:** Renowned singer-songwriter Peter Mayer returns to UUFSD. Tickets are available for purchase \$15 in advance only, by October 15, 2014 \$22 at the door. <http://petermayer2014.eventbrite.com> Contact: Vicky at [suun.events@gmail.com](mailto:suun.events@gmail.com)

**Sunday, November 9: SAC Legal Clinic for Undocumented Workers, 2-5:30 pm, Founders Hall.** Members of UURISE and private attorneys will be present to provide free legal advice. Contact Irv Himelblau at [SocialAction@uufsd.org](mailto:SocialAction@uufsd.org)

**Sunday, November 16: UUFSD Art Fair, Core Area & Founders Hall, 9:00-2:00 pm.** UUFSD and other community artists participate in this annual fund raising event. Contact

**Thursday, November 27: Thanksgiving Dinner, 3 pm, Founders Hall.** Turkey, mashed potatoes, gravy, stuffing, and cranberry sauce will be provided. Please RSVP to Susan Pernia and let her know that you are coming and what you would like to bring. With the basics covered, we encourage people to bring salads, vegetables, vegan dishes, rolls, and dessert. Contact Susan Pernia at [joy@uufsd.org](mailto:joy@uufsd.org)

**Saturday, December 6: UUFSD Holiday Party, 7:00-9:00 pm.** Come celebrate the holidays with us. Youth and adults will prepare holiday cards to be distributed at the Veterans Administration Hospital. Contact Susan Pernia at [Joy@uufsd.org](mailto:Joy@uufsd.org)

**Wednesday, December 24: Holiday Services, 5:00 & 7:00 pm, Founders Hall. Generosity Collection for the UUFSD/Casas de Luz Home Build.**

**Thursday, December 25: Holiday Dinner, 3 :00 pm Founders Hall.** Contact Susan Pernia at [Joy@uufsd.org](mailto:Joy@uufsd.org)